

# Alameda CalAIM PATH Collaborative

## May 17, 2024

Welcome! Please introduce yourself in the chat with your name and organization.

# 2024 Collaborative Aims and Objectives

**By December 2024, increase  
eligible members authorized for  
ECM by 15% & Community  
Supports by 15%**

**1**

**Build resources and  
relationships to drive  
community referrals**

**2**

**Strengthen ECM and  
Community Supports  
provider capacity**

**3**

**Facilitate relationship  
building between  
providers, plans, and  
referral partners**

# Today's Agenda

<i><b>Time</b></i>	<i><b>Topic</b></i>
<i><b>10:00am</b></i>	<i><b>Welcome, agenda, and housekeeping</b></i>
<i><b>10:05am</b></i>	<i><b>Follow-ups from April In-Person Meeting</b></i>
<i><b>10:10am</b></i>	<i><b>Resources and Upcoming Events</b></i>
<i><b>10:20am</b></i>	<i><b>MCP Updates</b></i>
<i><b>10:45am</b></i>	<i><b>Spotlight: Birth Equity Population of Focus</b></i>
<i><b>11:00am</b></i>	<i><b>Presentation: AAH Population Health Team</b></i>
<i><b>11:30am</b></i>	<i><b>Open Office Hours</b></i>

# Housekeeping

# April Follow-Ups

# 4/19 Collaborative Meeting: Transition and Diversion Services



# Updates: Data, Trainings, and Resources

- Upcoming trainings from ACTDU
- Updated Provider List
- PATH Technical Assistance Marketplace
- Upcoming Office Hours
- New Alameda Homelessness Point-in-Time Count Results

# Upcoming trainings

Alameda County Training and Development Unit (ACTDU) regularly offers valuable virtual trainings for local CalAIM providers:

- **New Hire Academy (June 12-13, In-Person at the Marina Inn)**
- **Engaging Individuals Navigating Reentry (June 25, 11am-1pm, In-Person at CHCN in San Leandro)**

To check out these offerings and more, register here:

<https://bit.ly/ACTDU-Portal>






# Available now: ECM and CS Provider List



CalAIM PATH Care Coordination Provider List  
ECM and Community Supports Providers  
March 2024

## Community Supports Providers: Quick Reference

	Alameda Alliance	Kaiser
<b>Asthma Remediation</b>		
• Alameda County Public Health ASTHMA START.....	X	
• Breathe California.....		X
• Evolve Emod.....		X
• Roots Community Health Center.....	X	
<b>Community Transition Services/Facility Transition to Home</b>		
• East Bay Innovations.....	X	
• Independent Living Systems.....		X
• Omatochi.....	X	
• Serene Health.....		X
• Star Nursing.....		X
<b>Day Habilitation Programs</b>		
• Serene Health.....		X
<b>Environmental Accessibility Adaptations (Home Modifications)</b>		
• Assured Independence.....		X
• Connect America West.....		X
• Lifeline Systems Company.....		X
• LifewiseCHM.....		X
• East Bay Innovations.....	X	


	<b>EAST BAY INNOVATIONS</b>
About	East Bay Innovations (EBI) is a private non-profit organization providing services to people throughout Alameda County. EBI offers a variety of services supporting more than 500 individuals with disabilities to live as independently as possible in their own homes, to be successfully employed, and to feel a sense of membership in their community.
Location	2450 Washington Avenue, Suite 240 San Leandro, CA 94577
Website	<a href="https://www.eastbayinnovations.org/">https://www.eastbayinnovations.org/</a>
Main Line	510.618.1580
Provider Type	Enhanced Care Management
Population of Focus	Adults At Risk for Hospital or ED Utilization   Adults/Families experiencing Homelessness   Adults At Risk for LTC Institutionalization   Adult SNF Residents Transitioning to the Community

# Coming Soon: Sortable Provider List Spreadsheet

Provider	MCP CONTRACT		ECM		Does this provider offer CS?
	Is this provider contracted with Alameda Alliance for Health (AAH)?	Is this provider contracted with Kaiser Permanente (KP)?	Does this provider offer ECM for Children/Youth?	Does this provider offer ECM for Adults?	
<i>(See the Provider List on our website for detailed information)</i>					
<a href="#">24 Hour Home Care</a>	x				x
AAT Home Placement Agency		x			
<a href="#">A Better Way, Inc.</a>		x	x		
<a href="#">Accentcare of California</a>		x			x
<a href="#">Agape Village</a>		x	x		
<a href="#">Alameda County Behavioral Health Care Services</a>	x			x	
<a href="#">Alameda County Behavioral Health, Eastmont Health Center</a>	x			x	
<a href="#">Alameda County Community Food Bank</a>	x				x
<a href="#">Alameda County Health Care Services</a>	x				x
<a href="#">Alameda County Public Health (Asthma Start)</a>	x		x		x
<a href="#">Alameda County Public Health, California Children's Services (CCS)</a>	x		x		
<a href="#">Alameda County Recipe4Health</a>	x				x
<a href="#">Alameda Family Services</a>	x	x	x		
<a href="#">Alameda Health System</a>	x			x	
Alameda Health System, Eastmont Wellness	x			x	
Alameda Health System, Hayward Wellness	x			x	
Alameda Health System, Highland Wellness	x			x	
<a href="#">Alegrecare</a>		x			x
<a href="#">Alternative Family Services</a>	x		x		
<a href="#">Amity Foundation</a>		x		x	

# Check out the TA Marketplace!

[Learn](#) about the Marketplace. [Apply](#) to become a TA Recipient and shop the Marketplace. ×

Sign In

Filters Find Vendor View Vendor List Export Marketplace

Showing 479

**OFF-THE-SHELF**

[Selecting and Implementing Evidence-Based Pra...](#)

WORKFORCE Duration: 4 Months

Evidence-based practice (EBP) implementation does not have to be overwhelming or expensive. Using the National Implementation Research Network framework, our experienced technical assistanc...

Provided by: [Bowling Business Strategies \(BBS\)](#)

[Apply to unlock](#)

**OFF-THE-SHELF**

[Introduction to Trauma-Informed Primary Care a...](#)

WORKFORCE Duration: 2 Hours

A trauma-informed approach or framework engages people who have histories of trauma and are experiencing toxic stress, recognizes the presence of trauma symptoms, and acknowledges...

Provided by: [Health Improvement Partnership of Santa Cruz County \(...\)](#)

[Apply to unlock](#)

**OFF-THE-SHELF**

[Health Insurance Portability and Accountability A...](#)

WORKFORCE Duration: 3 Months

The goal of this 20-question Risk Assessment is to provide a starting point for healthcare organizations (including hybrid entities) as they begin to evaluate and prioritize their potential liabilities associated...

**OFF-THE-SHELF**

[Evaluation of Care Coordination and Care Manag...](#)

ENHANCED CARE MANAGEMENT (ECM) Duration: 4 Months

Our goal is to improve ECM, access, coordination, and integration of care by evaluating structures, processes, and outcomes and by identifying key opportunities to improve care management and care...



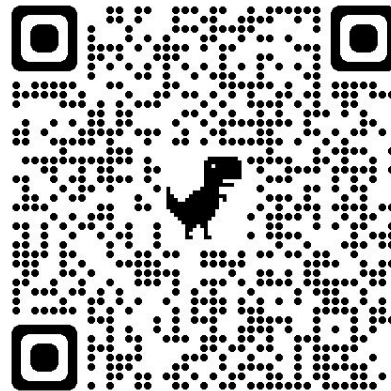
# Upcoming Office Hours: Data Sharing and CalAIM Use Cases

**Wednesday, May 22 | 11am - 12pm**

**On Zoom**

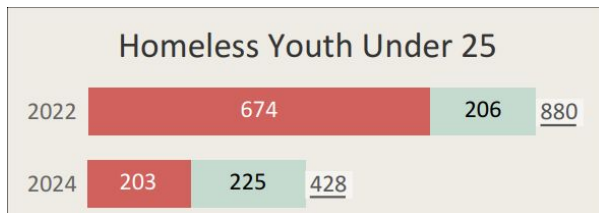
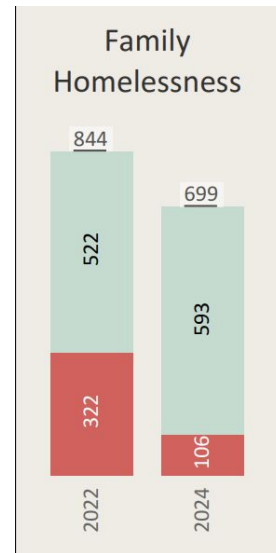
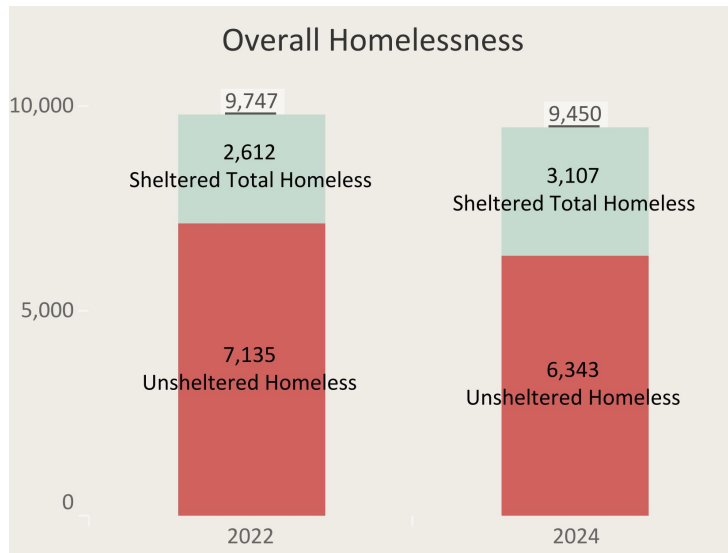
*Discuss data sharing and CalAIM with ITUP  
Assistant Director of Policy Shirley Lam*

[Register Here](#)



# New Data on Homelessness: 2024 Alameda Point-in-Time Survey

- **3% decrease** in overall homelessness
- **11% decrease** in unsheltered homelessness
- **67% decrease** in unsheltered family homelessness
- **70% decrease** in unsheltered youth homelessness





# MCP updates

**Kaiser  
Permanente**

# **Alameda PATH CPI Meeting**

**May 2024**

# Complex care certificate | A free training resource from Kaiser Permanente

The complex care certificate will provide essential knowledge, skills, and attitudes required to provide complex care. This training program

is rooted in Camden Coalition's core competencies for frontline complex care providers.

## What is complex care?

- Complex care improves health and social well-being of individuals with complex needs.
- Complex care addresses the multiple drivers of health and social needs through collaboration in communities and across sectors.

## What is the complex care certificate?

- Nine self-paced online courses (13 CEUs) that teach frontline complex care staff how to engage with complex health and social needs.
- Learners will be equipped with tools to build relationships and address gaps in care delivery that apply to all target populations, from pediatrics to older adults.

**The complex care certificate program provides care teams with shared language and frameworks necessary for collaborative care delivery**

- ❖ KP's California-based community partners
- ❖ Frontline complex care practitioners
- ❖ Interdisciplinary care teams including community health workers, nurses, doctors, peers, social workers, care managers
- ❖ Healthcare and social care workers who want to strengthen their practice of whole person care and team collaboration

## The training curriculum is:



**Self-paced**



**Person-centered**



**Collaborative**



**Accredited**



# Complex care certificate | Courses included in the program

Each self-paced online course includes a set of activities for a team to complete together to apply what they have learned to their work.

## Complex care certificate courses:

### *Introduction to complex health and social needs*

Interplay and compounding effects of multiple health, behavioral health, and social needs

### *Relationship-building in complex care*

Building authentic healing relationships, setting boundaries, and establishing self-care practices

### *Power and oppression in complex care*

Power dynamics in complex care, self-reflection on privilege and bias, and responsible use of power

### *Trauma-informed complex care*

Principles and practices of trauma-informed care in complex care settings

### *Harm reduction in complex care*

Principles and practices of harm reduction in complex care settings

### *Motivational interviewing in complex care*

Principles and practices of motivational interviewing in complex care settings

### *Care planning in complex care*

Generating, implementing, and maintaining strengths-based and person-centered care plans

### *Complex care delivery*

Person-centered language, implementing care plans, and navigating complex systems

### *Collaboration and communication in complex care teams*

Building authentic healing relationships, role clarity, collaborative decision-making, and conflict transformation in teams

### *A systems change project (optional for certificate designation)*

Identifying systems issues, collecting data, storytelling, and implementation within your system/community

## Courses contain a diverse array of education methods:



Video, audio, and  
interactive elements



Links to research



Patient and  
practitioner stories



Reflection and  
discussion questions



Team activities

## ABOUT THE CAMDEN COALITION

The Camden Coalition is a multidisciplinary nonprofit working to improve care for people with complex health and social needs in Camden, NJ, and across the country. The Camden Coalition works to advance the field of complex care by implementing person-centered programs and piloting new models that address chronic illness and social barriers to health and well-being.



## Helpful Links and Contacts

<b>KP 2024 Medi-Cal Direct Contract:</b>	<a href="https://kp.org/Medi-Cal2024">KP.org/Medi-Cal2024</a>
<b>KP Designated Medi-Cal Call Center:</b>	<b>1-855-839-7613</b> Call to speak to a live Medi-Cal trained agent
<b>KP Medi-Cal Programs (ECM, CS, CHW):</b>	For current information, go to our website: <a href="#">Link</a>
<b>KP Medi-Cal Continuity of Care:</b>	For current information, go to our website: <a href="#">Link</a>
<b>KP Self-Service Community Resource Directory:</b>	<a href="https://kp.org/communityresources">KP.org/communityresources</a> <b>1-800-443-6328</b> Toll-free number to speak with a resource specialist (M-F, 8a-5p local time)
<b>KP Community Health Care Program:</b>	Available to California residents without access to other health coverage. For current information, go to our website: <a href="#">Link</a>
<b>Medi-Cal Redeterminations Toolkit:</b>	For current information, go to DHCS website: <a href="#">Link</a>
<b>Medi-Cal Rx:</b>	<b>1-800-977-2273</b>
<b>Medi-Cal Dental:</b>	<b>1-800-322-6384</b>

## Helpful Links and Articles: Maternity

### Care

<b>KP Maternity Care Website</b>	<a href="https://thrive.kaiserpermanente.org/easier-health-care/maternity/">https://thrive.kaiserpermanente.org/easier-health-care/maternity/</a>
<b>Maternity Consumer Page (English)</b>	<a href="https://healthy.kaiserpermanente.org/southern-california/health-wellness/maternity/expect-great-care">https://healthy.kaiserpermanente.org/southern-california/health-wellness/maternity/expect-great-care</a>
<b>Maternity Consumer Page (Spanish)</b>	<a href="https://espanol.kaiserpermanente.org/es/southern-california/health-wellness/maternity/expect-great-care">https://espanol.kaiserpermanente.org/es/southern-california/health-wellness/maternity/expect-great-care</a>
<b>Maternity Care Member Flyer (English)</b>	<a href="https://infosource.kp.org/content/dam/kp/sdswe/site-content/mkt/mc/375426398_Maternity-Flyer_English_HR-ADA.pdf">https://infosource.kp.org/content/dam/kp/sdswe/site-content/mkt/mc/375426398_Maternity-Flyer_English_HR-ADA.pdf</a>
<b>Maternity Care Member Flyer (Spanish)</b>	<a href="https://infosource.kp.org/content/dam/kp/sdswe/site-content/mkt/mc/417538491_Maternity-Flyer_Spanish_HR-ADA.pdf">https://infosource.kp.org/content/dam/kp/sdswe/site-content/mkt/mc/417538491_Maternity-Flyer_Spanish_HR-ADA.pdf</a>
<b>Articles on Black Maternal Health</b>	<a href="#">Having Her 'Rainbow Baby' After a High-Risk Pregnancy</a> <a href="#">Quick, Coordinated Care Saves a Mother and Baby - Turning the Tide on the Maternal Health Crisis</a> <a href="#">Maternity Care: How to Address Bias and Increase Cultural Humility</a>



# Where to find information about KP Doula Services

## Resources for

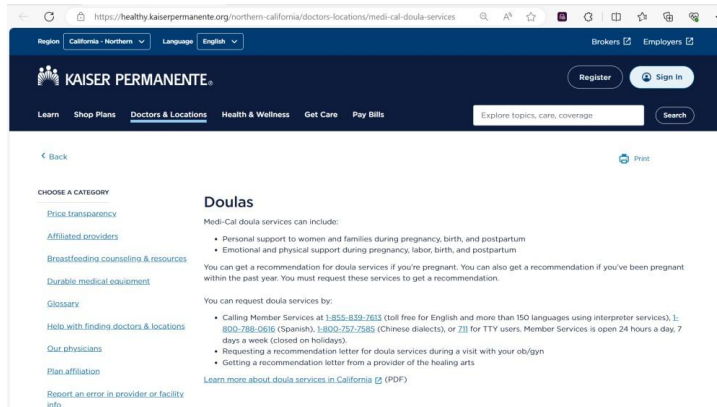
KP has two websites with Doula services information. These sites assist Medi-Cal Members in finding a Doula in a specific county and have information on the Doula within KP's network.

[Medi-Cal Doula Services in Northern CA | KP](#)



[Medi-Cal Doula Services in Southern CA | KP](#)

*Please note that these sites are currently being updated to include additional information on KP contracted doulas.*



## Resources for Doulas

[2024 Northern California Medi-Cal Provider Manual Supplement Benefits and Services for KP](#)

[Community Provider Portal](#) - Contains all provider resources and tools to help

[Provider Information/ Provider Manual](#) - Guide regarding expectations and responsibilities of being a contracted provider

[Member Services Contact Center](#) 1-800-464-4000;  
General referral questions or claim issues  
1-800-390-3510

[Claims Services](#) 1-800-390-3510 for details regarding your claim status, denial, or payment




[KP Transportation Services](#) 1-833-226-6760

[KP Medi-Cal Member Handbook 2024](#) – Contains all member resources

# How to Submit a Referral for ECM or Community Supports

## KP has a no-wrong-door approach for referrals

- Referrals are accepted from any source (members, providers, family, community organizations, etc.)
- Use of the KP referral form is recommended; however, KP will accept any referral form created by another Medi-Cal plan. Simply send the completed form to the same KP email address noted below.
- Referrals may be placed via email or via phone.

	Sacramento/Central Valley	Rest of Northern California	Southern California
 Cities	Amador, El Dorado, Fresno, Kings, Madera, Mariposa, Placer, Sacramento, San Joaquin, Stanislaus, Sutter, Tulare*, Yolo, Yuba	Alameda, Contra Costa, Marin, Napa, San Francisco, San Mateo, Santa Clara, Santa Cruz, Solano, Sonoma,	Kern, Imperial, Los Angeles, Orange, Riverside, San Bernardino, San Diego, Tulare*, Ventura,
 Phone	1-833-721-6012 (TTY 711) Monday-Friday (closed major holidays) 9:00 a.m. to 4:45 p.m.	1-833-952-1916 (TTY 711) Monday-Friday (closed major holidays) 9:00 a.m. to 4:45 p.m.	1-866-551-9619 (TTY 711) Monday-Friday (closed major holidays) 8:30 a.m. to 5:00 p.m.
 Email	Send completed <a href="#">referral form</a> to <a href="mailto:REGMCDURNS-KPNC@kp.org">REGMCDURNS-KPNC@kp.org</a> with the subject line “ECM Referral” or “CS Referral”		Send completed <a href="#">referral form</a> to <a href="mailto:RegCareCoordCaseMgmt@kp.org">RegCareCoordCaseMgmt@kp.org</a> with the subject line “ECM Referral” or “CS Referral”

\*Tulare Central Valley: 93618, 93631, 93646, 93654, 93666, 93673;  
Tulare Southern CA: 93238, 93261.

# How a community-based organization can serve KP members

KP is working with three Network Lead Entities (NLEs) to develop a network of community-based ECM, CS, and CHW providers.

If your organization wishes to become part of an NLE's network, you may send an email message to:



[network@fullcirclehn.org](mailto:network@fullcirclehn.org)

Phone number:  
888-749-8877

Full Circle Health Network meets with prospective providers each week on Thursdays from 12-1pm PST  
<https://us06web.zoom.us/j/86507421534>



[ILSCAProviderRelations@ilshealth.com](mailto:ILSCAProviderRelations@ilshealth.com)

Phone number: 305-262-1292



[Hubinfo@picf.org](mailto:Hubinfo@picf.org)

Phone number:  
818-837-3775

***In your email, please specify the services your organization provides, geography serviced, and population expertise.***

\*Partners in Care only serves the Southern California region at this time.

# Birth Equity

ECM is available for individuals who meet the eligibility criteria for the Birth Equity Population of Focus.

Adults or youth who:

- Are pregnant or postpartum (up to 12 months), including pregnancies that ended with live birth, still birth, or spontaneous or therapeutic abortion

AND

- Identify as Black, American Indian or Alaska Native, or Pacific Islander

# Birth Equity ECM Providers

## Alameda Alliance



COMMUNITY HEALTH  
CENTER NETWORK



**Full Circle**  
Health Network



**SENECA**

FAMILY OF AGENCIES | UNCONDITIONAL CARE



**Titanium**  
HEALTHCARE

**MED**  **ZED**

**PAIR**  **TEAM**

## Kaiser Permanente



**WESTCOAST CHILDREN'S CLINIC**

**koinonia**  
FAMILY SERVICES



**SENECA**

FAMILY OF AGENCIES | UNCONDITIONAL CARE



# DHCS Birth Equity FAQ



## State of California—Health and Human Services Agency Department of Health Care Services

*Last Update: February 2024*



Gavin Newsom | Governor

### Enhanced Care Management Birth Equity Population of Focus: Frequently Asked Questions

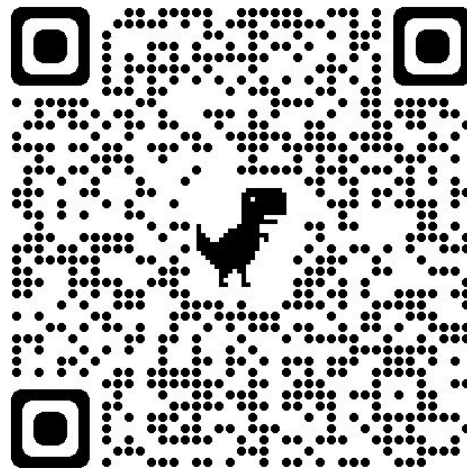
#### Background:

Across California, Medi-Cal provides health insurance coverage for about 40 percent of all births in the state each year. The Department of Health Care Services (DHCS) is taking steps to strengthen coverage and care for birthing populations by implementing Medi-Cal eligibility and benefits changes aimed at improving prenatal and postpartum care and reducing pregnancy-related morbidity and mortality for all Members.

Improving maternal health is one of the DHCS' Comprehensive Quality Strategy "Bold Goals", which specifically seeks to improve maternity outcomes and birth equity, including access to prenatal and postpartum care.

All pregnant and postpartum individuals enrolled in Medi-Cal receive coverage for a range of benefits to support maternal health and family well-being such as the Community Health Worker (CHW) and Doula benefits and the Dyadic Services benefit for children and families, regardless of their eligibility for the Enhanced Care Management (ECM) Birth Equity Population of Focus (POF). DHCS is also developing a comprehensive Birthing Care Pathway — envisioned as a care model with related benefit and payment strategies to reduce maternal morbidity and mortality for all Medi-Cal members who are pregnant and postpartum.

DHCS's [PHM Policy Guide](#) outlines expectations for MCPs to provide all medically necessary services for all pregnant and postpartum individuals, including, transitional care services, risk assessment and care planning, and appropriate follow-up care.



# ECM and other Medi-Cal Benefits

**Doula Benefit:** Members receiving doula services *can* also qualify for ECM if they meet eligibility criteria for the population of focus

**Dyadic Services Benefit:** Members *can* receive both the dyadic services benefit and be enrolled in ECM

**CHW Benefit:** A Provider cannot bill for services under the CHW Benefit and ECM for the same Member at the same time. The ECM Lead Care Manager is expected to provide services similar to those provided under the CHW Benefit.

# Community Referrals for Birth Equity ECM

## Providers

OB/GYN Offices, Hospitals, Family Medicine Physicians, Maternal Home Visiting Providers (CDPH's California Home Visiting Program (CHVP)), CDSS' CalWORKs Home Visiting Program (HVP), Doulas and Doula practices/Doula circles, Midwives and Midwifery practices, Promotoras, Community Health Workers (CHWs), Comprehensive Perinatal Health Workers (CPHWs), Community Health Representatives (CHRs), and Behavioral Health Providers

## Organizations serving Black, AI/AN and Pacific Islander individuals

- Comprehensive Perinatal Services Program (CPSP)
- Black Infant Health (BIH) Program
- CA Perinatal Equity Initiative (PEI)
- Indian Health Programs
- American Indian Maternal Support Services (AIMSS)
- Tribal Social Services Programs
- Other preexisting local interventions designed to support Black, American Indian and Alaska Native (AI/AN) and/or Pacific Islander birthing populations

## Social Services

### Organizations/Programs

- Women Infants and Children (WIC) sites
- Community Based Organizations
- Women's and family shelters

## Discussion:

1. Who are potential referral partners for the Birth Equity population in Alameda County?
2. What resources or processes are needed to bring these partners into the referral system?
3. How can we utilize ECM to enhance existing home-visiting and clinical interventions? Any successes to share?

# Alameda Alliance for Health Perinatal Services

CalAim PATH Learning Collaborative

5/17/2024

# Agenda

- ▶ Welcome to Alameda Alliance for Health
  - Alliance Services for Members
  - Our Perinatal Population - 2023
  - Alliance Perinatal Supports for Members
  - The Alliance Doula Program
  - CA Abundant Birth Project – Daphina Melbourne, ACPHD
- ▶ Questions



“

*Our Mission:*

*Improving the health and well-being of our members by collaborating with our provider and community partners to deliver high quality and accessible services.*

# Our Perinatal Population - 2023



# Our Perinatal Population - 2023

Medi-Cal Relevant subpopulations - Pregnant/postpartum	Count	Percent
<b>GENDER</b>		
Female	4,968	100.0%
<b>Total</b>	<b>4,968</b>	<b>100.0%</b>
<b>AGE BAND</b>		
21-34	3,410	68.6%
35-49	1,144	23.0%
12-20	396	8.0%
50-64	18	0.4%
<b>Total</b>	<b>4,968</b>	<b>100.0%</b>
<b>COUNTY REGION</b>		
North	2,622	52.8%
Central	1,412	28.4%
South	568	11.4%
East	313	6.3%
Other	53	1.1%
<b>Total</b>	<b>4,968</b>	<b>100.0%</b>

PRIMARY RACE/ETHNICITY		
Other	1,725	34.7%
Hispanic	1,693	34.1%
Black	827	16.6%
White	224	4.5%
Chinese	147	3.0%
Other Asian	114	2.3%
Vietnamese	91	1.8%
Pacific Islander	69	1.4%
Filipino	53	1.1%
American Indian or Alaskan Native	13	0.3%
Unknown	12	0.2%
<b>Total</b>	<b>4,968</b>	<b>100.0%</b>

PRIMARY LANGUAGE		
English	3,380	68.0%
Spanish	1,163	23.4%
Chinese	133	2.7%
Arabic	88	1.8%
Vietnamese	72	1.4%
Other Non-English	65	1.3%
Unknown	62	1.2%
Tagalog	5	0.1%
<b>Total</b>	<b>4,968</b>	<b>100.0%</b>

HOMELESSNESS		
Housed	4,519	91.0%
Unhoused	449	9.0%
<b>Total</b>	<b>4,968</b>	<b>100.0%</b>

# Alliance Services for Members

# Alliance Services for Members

- ▶ Primary Care Physicians and Obstetrician Gynecologists (OB/GYN)
- ▶ OB or OB/GYN Services
- ▶ Direct Access to OB/GYN Services
- ▶ Sensitive Services
- ▶ Behavioral Health

# Primary Care Physician and OB/GYN Services

- ▶ A primary care physician practices general healthcare, addressing a wide variety of health concerns for members. They are typically the first person you talk to if you have a health concern.
- ▶ An OB/GYN is a doctor of obstetrics and gynecology. These doctors specialize in pregnancy, childbirth, and the female reproductive system.
- ▶ Alliance members can search for a provider through the [Alliance Provider Directory](#).

## Prenatal and Postpartum Visits

- ▶ The Alliance aims to ensure pregnant members receive the care they need during the perinatal period.
- ▶ Please encourage your clients to schedule and attend timely pregnancy care appointments:
  - Prenatal visit in the first trimester or within 42 days of enrollment
  - Additional prenatal visits as determined by the member's health care provider
  - Postpartum visit on or between 7 and 84 days after delivery
- ▶ Members can contact the Alliance Member Services Department at 1.510.747.4567 to help find a provider and schedule an appointment.

# Well Child Visits

- ▷ Babies and toddlers grow quickly, so it is important that they visit their doctor for checkups, preventative screenings and vaccines.
  - The Alliance has created a chart to highlight the recommended timing for these visits and help members keep track of these appointments.

**AGE 0 TO 12 MONTHS**

	3-5 days	1 month	2 months	4 months	6 months	9 months	12 months
DATE							

**AGE 15 TO 30 MONTHS**

	15 months	18 months	24 months	30 months
DATE				

- ▷ Members can call 510.747.4567 to help find a provider and schedule an appointment.

# Well Child Visits

	Age	Visits	Developmental Screening	Social and Behavioral Screening	Immunization	Lead Screening	Fluoride Varnish*
Infancy	Newborn	●		●	●		
	3-5 days	●		●	●		
	1 month	●		●	●		
	2 months	●		●	●		
	4 months	●		●	●		
	6 months	●		●	●	★	
	9 months	●	●	●	●		
Early Childhood	12 months	●		●	●	●	
	15 months	●		●	●		
	18 months	●	●	●	●	★	
	24 months	●		●	●	●	
	30 months	●	●	●	●		↓

\*Fluoride varnish should be applied every three (3)-six (6) months.

Visits:

● = To be performed      ★ = Risk assessment to be performed with appropriate action to follow, if positive  
 ◀ —▶ = range during which a service may be provided

## Direct Access to OB/GYN Services

- ▶ Female members of the Alliance may self-refer for covered obstetrical and gynecological services from OB/GYNs participating within the Alliance or their medical group's network.

\* Referral requirements may vary depending on the member's assigned Alliance medical group. Please contact the member's assigned medical group to find out if a referral is required for a particular service.



## Sensitive Services

- ▶ Sensitive services are those services designated by Medi-Cal as available to members without a referral or authorization in order to protect patient confidentiality and promote timely access.
- ▶ Sensitive services include ***family planning, screening and treatment for sexually transmitted diseases, HIV testing, and abortions.***
- ▶ All Alliance Medi-Cal members may go outside of their medical group's network for sensitive services, which does not include prenatal care.
- ▶ Authorization is not required for prenatal care, but members must stay within their medical groups.

## Sensitive Services (cont.)

### Abortion

- ▶ Alliance Medi-Cal members may obtain abortion services from any Medi-Cal provider without a referral or authorization.
  - In-network abortion services are available to all Alliance members without referral or authorization.
  - Abortion services from non-Alliance providers are also available to all Alliance members without referral or authorization.

## Behavioral Health

- ▶ All Alliance members have access to outpatient and inpatient behavioral health care, which includes substance abuse treatment. PCPs and specialists can encourage members in need of behavioral health care to access this free and confidential benefit.
- ▶ Members may contact Alliance Health Programs at 510.747.4577 for more information or may search for a provider through the [Alliance Provider Directory](#).

# Alliance Perinatal Supports for Members

## Health Education

- ▶ The Alliance has health information, self-management tools and referrals to materials, programs and classes for all members at no cost.
- ▶ Health topics include:
  - Conditions like diabetes, asthma and hypertension
  - Pregnancy, breastfeeding (lactation consultants) and parenting
  - Healthy weight, nutrition and exercise
  - Smoking cessation, Diabetes Prevention Program (DPP), and others

## Health Education (cont.)

- ▶ Members will receive prenatal and postpartum mailings to inform them of available resources and supports.
- ▶ The [Provider Resource Directory](#) lists classes, programs and community referrals available to at no cost to Alliance members.
- ▶ Providers can refer using the [Wellness Provider Fax Request Form](#).

Alameda Alliance for Health  
Wellness Programs & Materials

☒  
☒  
☒

**Provider Request Form** – Alameda Alliance for Health (Alliance) provides health education at no cost. Please select the topics that you want us to send your patients covered by the Alliance. You can also request the handouts in other formats. Many handouts can be found at [www.alamedaalliance.org](http://www.alamedaalliance.org).

<b>CLASSES &amp; PROGRAM REFERRALS</b> <input type="checkbox"/> Asthma <input type="checkbox"/> Breastfeeding Support <input type="checkbox"/> CPR/First Aid <input type="checkbox"/> Diabetes <input type="checkbox"/> Diabetes Prevention Program (prediabetes) <input type="checkbox"/> Healthy Eating, Exercise, and Weight <input type="checkbox"/> Heart Health <input type="checkbox"/> Parenting <input type="checkbox"/> Pregnancy and Childbirth <input type="checkbox"/> Quit Smoking <small>(patient agrees to receive a call from Kick It California or Asian Smokers' Quitline)</small>	<b>WRITTEN MATERIALS</b> <input type="checkbox"/> Advance Directive (medical power of attorney) <input type="checkbox"/> Alcohol and Other Substance Use <input type="checkbox"/> Asthma <input type="checkbox"/> Back Pain <input type="checkbox"/> Birth Control <input type="checkbox"/> Chronic Obstructive Pulmonary Disease (COPD) <input type="checkbox"/> Diabetes <input type="checkbox"/> Domestic Violence <input type="checkbox"/> Healthy Eating, Exercise, and Weight <input type="checkbox"/> Child <input type="checkbox"/> Adult <input type="checkbox"/> Heart Health <input type="checkbox"/> Parenting <input type="checkbox"/> Pregnancy <input type="checkbox"/> Preventive Care <input type="checkbox"/> Quit Smoking <input type="checkbox"/> Safety <input type="checkbox"/> Child <input type="checkbox"/> Adult <input type="checkbox"/> Sexual Health <input type="checkbox"/> Stress and Depression <input type="checkbox"/> Child <input type="checkbox"/> Adult
--	--

**MEDICAL ID**  
 Choose one: ☐ Bracelet ☐ Necklace  
☐ Asthma ☐ Child ☐ Adult  
☐ Diabetes ☐ Child ☐ Adult

Provider Name: \_\_\_\_\_ Member Name: \_\_\_\_\_  
 Provider Clinic Name: \_\_\_\_\_ Alliance Member ID Number: \_\_\_\_\_  
 Provider Phone Number: \_\_\_\_\_ Member Phone Number: \_\_\_\_\_  
 Provider Fax Number: \_\_\_\_\_ Member Address: \_\_\_\_\_  
 Preferred Language: \_\_\_\_\_ City: \_\_\_\_\_ Zip Code: \_\_\_\_\_

ALAMEDA  
**Alliance**  
FOR HEALTH

To order, please complete this form and fax it to:

**Alliance Health Programs** • 1240 South Loop Road, Alameda, CA 94502

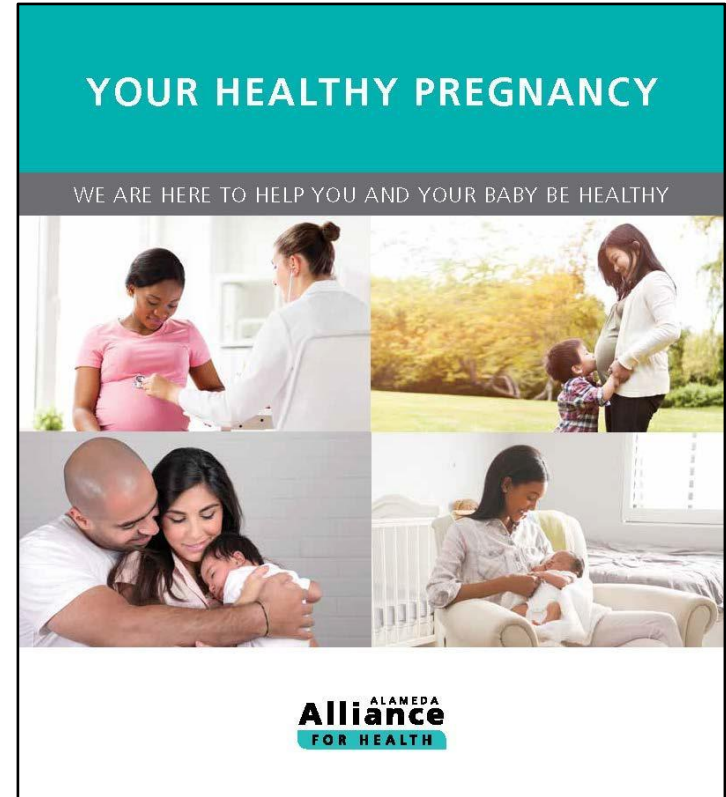
Fax Number: **1.877.813.5151**

Phone Number: **1.510.747.4577**

HE\_PROVIDER\_WELLNESS\_REQ\_FORM\_10032015  
REV 01-1-08/03/23

# Health Education Materials

- ▶ Member can also request care books about pregnancy, preventive care, healthy eating, and more!
  - Available in English, Spanish, Chinese, Vietnamese, Tagalog, and other languages on request
- ▶ Members can complete the [Wellness Request Form](#) or call Health Programs at 1.510.747.4577 to request class listings and materials in our threshold languages (English, Spanish, Chinese, & Vietnamese).
- ▶ Other community resources online: [www.alamedaalliance.org/live-healthy](http://www.alamedaalliance.org/live-healthy)



# Health Education Classes

- Topics include:
  - ❑ Pregnancy and Childbirth
  - ❑ Breastfeeding
  - ❑ Parenting
- Refer to the [Provider Health Education Resource Directory](#) for classes and other resources.
- Members can request interpreter for some classes.
- Member can request class list on Wellness Request Form or call Member Services.

**PROVIDER RESOURCE GUIDE**
PAGE 6

**Pregnancy and Childbirth**  
Members: **1.510.747.4577**

The Alliance pays for childbirth education for members at your delivery hospital. Alliance staff can facilitate the arrangements, or our members may sign up directly with the hospital.



**Alameda County: Black Infant Health**  
1100 San Leandro Blvd., San Leandro  
Phone Number: **1.510.618.2019**

Weekly group sessions for African American pregnant and parenting people 18 years of age and older. Provides education, support, and case management.

**Alameda County: Starting Out Strong**  
Phone Number: **1.510.667.4333**  
Email: [homevisiting@acgov.org](mailto:homevisiting@acgov.org)  
[www.facebook.com/ACPHDStartingOutStrong](https://www.facebook.com/ACPHDStartingOutStrong)

Starting Out Strong programs offer family support services and health education to people who are pregnant, parenting a child under 36 months, or have suffered a pregnancy loss and want to become pregnant again. Referral form is available on their website.

**City of Berkeley: Quit Smoking Class**  
Phone Number: **1.510.981.5330**  
Email: [quitnow@cityofberkeley.info](mailto:quitnow@cityofberkeley.info)

"Freedom from Tobacco" quit smoking classes is an 8-class series. Alliance members can call to sign up.

**Nicotine Anonymous**  
Toll-Free: **1.877.879.6422**  
[www.nica-norcal.org/meetings](http://www.nica-norcal.org/meetings)  
[www.nicotine-anonymous.org](http://www.nicotine-anonymous.org)

Nicotine Anonymous brings together groups of people who have felt the grip of nicotine addiction. The primary purpose is to help others to live free of nicotine. Meetings can be in-person, online, or over the phone.

**Smokefree.gov**  
Toll-Free: **1.877.448.7848**  
[www.smokefree.gov](http://www.smokefree.gov)

Connect with a specialist in English or Spanish to get information and answers about quitting smoking. Visit online to receive tools, tips, and resources.

**Vision Care**  
The provider of vision care depends on the Alliance plan in which the member is enrolled.

**Alliance Group Care Members**  
Alameda County Public Authority: **1.510.577.3552**

**Alliance Medi-Cal Members**  
March Vision Care: **1.844.336.2724**

**Information and Referral Numbers**



# County Referrals

► We refer members who meet program criteria to:

- Black Infant Health

- Weekly group sessions for Black/ African American pregnant and parenting adults.
- Doulas or members can contact Shamelle Bremond - BIH Family Support Case Manager at 510.61.-2019 or by email [Shamelle.Bremond@acgov.org](mailto:Shamelle.Bremond@acgov.org)

- Alameda County WIC

- Nutrition education, supplemental food, and breastfeeding support for pregnant and postpartum women, infants, and children up to age 5.
- Doulas or members can sign-up for an [enrollment appointment](#).

- Asthma Start

- In-home case management for families of children with asthma ages 0-18 living in Alameda County.
- Doulas or members may complete this [referral form](#), or call the Asthma Start Program at 510.383.5181.

## Resources

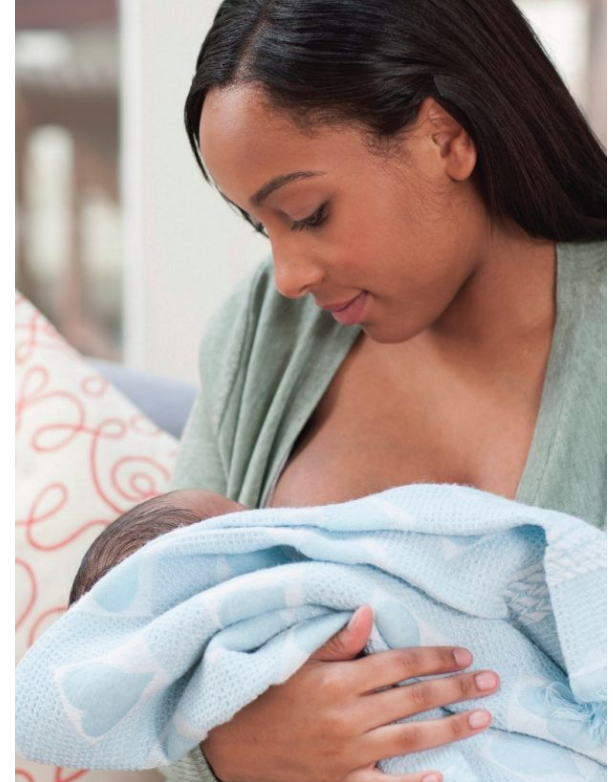
- ▷ [Text4Baby](#)
  - English, Spanish
  - Texts information & appointment reminders
- ▷ [Kick It California & Asian Smoker's Quitline](#)
  - English, Spanish, Chinese, Vietnamese, Korean
  - Web referrals available
  - Text or live support
  - Support tailored to pregnant individuals



**KICK / T**  
California

# Lactation Consults

- ▶ The Alliance offers International Board-Certified Lactation Consultants (IBCLCs) through Alta Bates Summit Medical Center
- ▶ Members call to schedule an appointment:
  - Alta Bates Summit Medical Center  
Monday through Friday 9 am to 4 pm  
Phone number: **1.510.204.6546**
- ▶ Members can also get support with breastfeeding from local WIC offices  
<https://www.myfamily.wic.ca.gov/>
- ▶ Additional breastfeeding resources can be found at  
<https://acphd.org/acbreastfeeds/>



## Breast Pumps

- ▶ Considered Durable Medical Equipment (DME)
    - A licensed clinical provider must initiate a [request](#)
    - Requires an authorization
  - ▶ Pumps are provided by California Home Medical Equipment (CHME)
  - ▶ Can use [Breast Pump Request Form](#) to make request (includes pump options)
    - For Hospital Grade, clinical notes must be included
- Fax to CHME 1.650.931.8928  
Phone Number: 1.800.906.0626

# Maternal Mental Health

- ▷ BirthWise Wellbeing Program
  - Member can self-refer: Call Alliance Member Services Department at 1.510.747.4567
- ▷ Find a behavioral health care provider
  - Member can self-refer: Call Alliance Member Services Department at **1.510.747.4567**.
  - Provider referral form  
<https://alamedaalliance.org/providers/provider-forms/>
- ▷ National Maternal Mental Health Hotline
  - <https://mchb.hrsa.gov/national-maternal-mental-health-hotline>



## Transitional Care Services

- ▶ The Alliance provides Transitional Care Services (TCS) to members who are transferring from one setting or level of care to another, including discharge from an inpatient stay for labor and delivery to the community and/or home.
  - A single point of contact can help members during this transition.
  - Transitional Care Services will be offered to members who meet criteria.
  - Members can also self-refer by contacting the Case and Disease Management Department at 1.510.747.4512.

# California Abundant Birth Project

**Daphina Melbourne**

**Alameda County Public Health Department**



## FREQUENTLY ASKED QUESTIONS

### *CA ABP Eligibility Criteria*

The California Abundant Birth Project is designed to provide monthly cash gifts to eligible participants in order to support people at risk for poor birth outcomes. More information on program eligibility is below.

#### How do I know if I am eligible?

To be eligible, you must:

- Live in Alameda, Contra Costa, Los Angeles, or Riverside counties
- Be 8-27 weeks pregnant at the time of the Abundance Drawing
- Have household income under the following for your county:
  - Alameda: \$128,017
  - Contra Costa: \$132,360
  - Los Angeles: \$106,911
  - Riverside: \$81,581
- And identify with one or more of the following risk factors for preterm birth:
  - Are Black or African American
  - Have had a previous preterm birth (live birth before 37 weeks)
  - Have preexisting hypertension (before this pregnancy)
  - Have preexisting diabetes (before this pregnancy)
  - Have sickle cell anemia (SCA)
- Not be currently participating in another guaranteed income program.

#### Do I have to be Black to participate? What if I do not fall into the risk factor categories?

Applicants need to identify with one or more of the high risk factors for preterm birth to be eligible, which includes being Black or having one of the medical conditions listed.

#### What if I do not currently live in one of the participating counties?

The program is currently specific to people who live in Alameda, Contra Costa, Los Angeles, and Riverside counties. Our goal is to expand to other counties in the future.

#### What documents will I need in order to complete the application?

We will need you to upload a form of ID, a Proof of Pregnancy form, and a Proof of Residence document. Please see [here](#) for the full list of documents.

#### Do I need to include everyone's income where I live?

Yes, the income eligibility is based on the total income of all adults in the household.

#### I am 27 weeks pregnant. Can I still apply?

Participants must be 27 weeks or earlier in their pregnancy to be eligible to participate in the program. Because we do not automatically enroll applicants in the program, we recommend applying at 25 weeks pregnant or earlier.

If you have any questions please feel free to reach out to us at  
[info@abundantbirthproject.org](mailto:info@abundantbirthproject.org)





# The Alliance Doula Program

## The Alliance Doula Program Mission

- ▶ Doulas provide health education, advocacy, and physical, emotional, and non-medical support for pregnant and postpartum members before, during, and after childbirth, including support during miscarriage, stillbirth, and abortion.
- ▶ Our mission is to ensure all perinatal members have access to the doula services they require to feel supported throughout their pregnancy and in the postpartum period.

## Doula Services at the Alliance

- ▶ Alameda Alliance offers doula services to Medi-Cal members through a network of doula providers.
- ▶ Members can connect with a doula:
  - Call the Alliance Member Services Department at **1.510.747.4567** (current preferred method).
  - Search the Alliance Provider Directory <https://alamedaalliance.org/help/find-a-doctor/> and contact a doula directly (will be available soon).
  - Ask your provider to send a recommendation to a doula (not required).

# The Alliance Doula Program Strategy

- ▶ Support a robust, knowledgeable, and high-quality doula provider network.
  - Integrate doula services across care continuum.
- ▶ Support our diverse community in becoming doulas to provide culturally and linguistically concordant care to our members.
- ▶ Educate providers and members about the benefits of doula services.
- ▶ Identify and provide targeted support to members experiencing maternal and child health inequities through doula services.
- ▶ Positively impact the maternal and infant health outcome disparities that exist for birthing people in Alameda County.

# Questions?

## Contact Us

- ▶ For questions regarding Alliance processes, contact the Provider Services Department at:

Phone Number: 1.510.747.4510

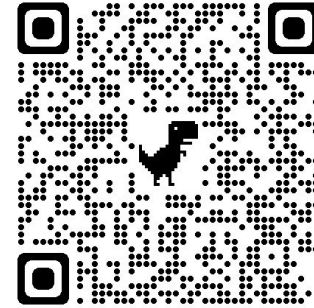
Email: [providerservices@alamedaalliance.org](mailto:providerservices@alamedaalliance.org)

- ▶ For questions regarding Alliance services for members, contact the Member Services Department at:

Phone Number: 1.510.747.4567

Email: [memberservices@alamedaalliance.org](mailto:memberservices@alamedaalliance.org)

***Next meeting:***  
**June 21st, 10am - 12pm**  
**On Zoom, Register here:**



**<https://us02web.zoom.us/meeting/register/tZwuf-6trzg-pHtxCQ1uxMMiv2xZiTS8yuLmA#/registration>**

***See you for the 3rd Friday mornings each month in 2024!***

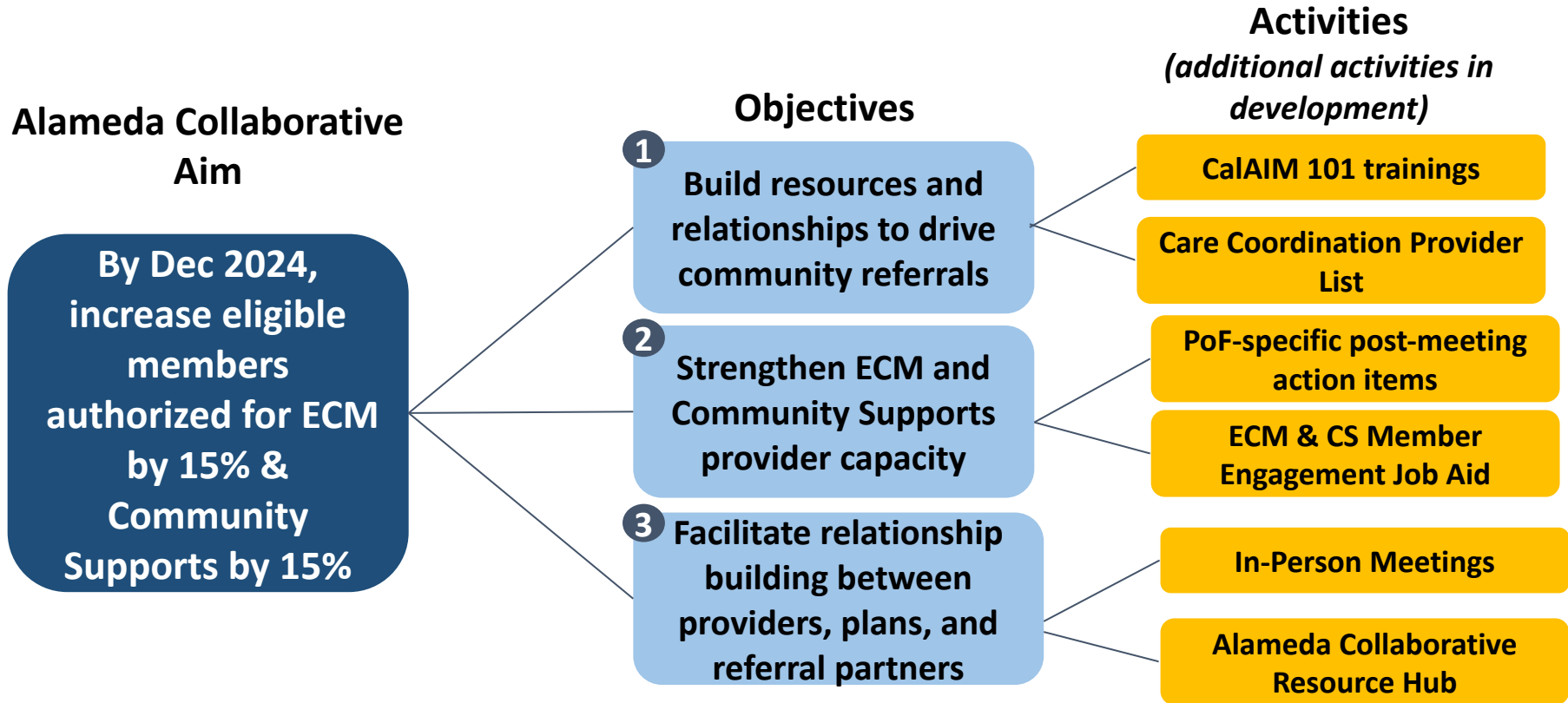
**Thank you for attending!**



# Appendix



# 2024 Collaborative Aims and Objectives



# Appendix

## Case Management

- ▶ The [Case Management](#) Department provides:
  - Care Coordination
  - Complex Case Management
  - Community Supports
  - Enhanced Care Management
  - Transitional Care Services
- ▶ Providers may refer members for any of the above services by using the [Alliance Case Management Referral Form](#).
  - Member can self-refer: Call Alliance Member Services Department at 1.510.747.4567

# Community Supports

- Eligible Alliance members can receive Community Support Services, which include:
  - Housing Transition Navigation Services, Deposits, and Tenancy and Sustaining Services
    - [Referral form](#)
  - Medically Tailored Meals/Medically-Supportive Food
    - [Referral form](#)
  - Personal Care and Homemaker Services
    - [Referral form](#)
  - Caregiver Respite
    - [Referral form](#)
- Providers may refer directly to Community Supports by emailing a completed Health Referral Form listed above to [CSDEPT@alamedaalliance.org](mailto:CSDEPT@alamedaalliance.org)
- Providers may refer, or members can see if they are eligible for, the above services by contacting the Case and Disease Management Department at 1.510.747.4512.

# Enhanced Case Management

- ▶ The Alliance Enhanced Case Management (ECM) Program is a Medi-Cal benefit that provides extra care coordination to members with highly complex needs.
  - Members have a care coordinator that can help:
    - Find doctors and get appointments for health care services you may need.
    - Better understand and keep track of your medications.
    - Set up a ride to get to your doctor visits.
    - Find and apply for community services based on your needs, like housing supports or healthy food.
    - Get follow-up care after you leave the hospital
- ▶ Providers may refer, or members can see if they are eligible for, the above services by contacting the Case and Disease Management Department at 1.510.747.4512.