

Providing Access & Transforming Health



Alameda CalAIM PATH Collaborative April 19, 2024

Welcome! Please grab some coffee, find a table, and introduce yourself to someone you haven't met before.

2024 Collaborative Aims and Objectives



By December 2024, increase eligible members authorized for ECM by 15% & Community Supports by 15%

Build resources and relationships to drive community referrals

Strengthen ECM and Community Supports provider capacity

Facilitate relationship building between providers, plans, and referral partners

Today's Agenda



Time	Topic
10:10am	Welcome, agenda, and housekeeping
10:20am	Follow-ups from March
10:25am	MCP Updates
10:45am	PoF Spotlight: At risk for LTC institutionalization and NF residents transitioning to the community
10:55am	New Community Supports: Transition and Diversion
11:20am	Updates: Data, Resources, and Training
11:35am	Lunch, Networking, Office Hours



Housekeeping





Updates: Data, Trainings, and Resources

- New Quarterly Implementation Report
- Upcoming trainings from ACTDU
- PATH Technical Assistance Marketplace
- Updated Provider List

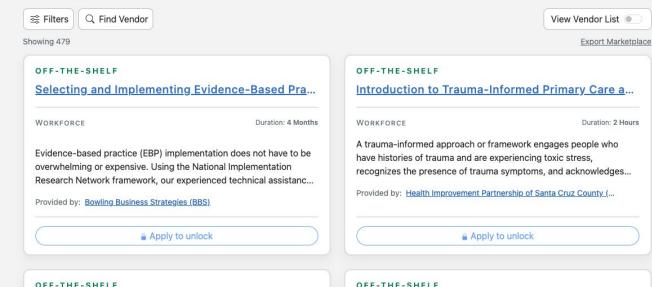
Check out the TA Marketplace!





Sign In

X





OFF-THE-SHELF

Health Insurance Portability and Accountability A...

WORKFORCE

Duration: 3 Months

The goal of this 20-question Risk Assessment is to provide a starting point for healthcare organizations (including hybrid entities) as they begin to evaluate and prioritize their potential liabilities associated...

OFF-THE-SHELF

Evaluation of Care Coordination and Care Manag...

ENHANCED CARE MANAGEMENT (ECM)

Duration: 4 Months

Our goal is to improve ECM, access, coordination, and integration of care by evaluating structures, processes, and outcomes and by identifying key opportunities to improve care management and care...

CalAIM TA Marketplace



Step 1: Registrant Eligibility Verification

Applicant completes TA Marketplace registration process



Applicant(s) Identifies Project Associated with PATH



Review TA
Marketplace for OTS
or Hand-On Services
and by Which
Vendor?



Applicant completes application form & submits to TPA

Step 3: Project SOW and Budget

PA issues payment directly to TA vendor based on agreed rates upon completion and verification of milestones/ deliverables



If approved *Applicant and Vendor co-develop SOW with services description, deliverables & milestones



DHCS makes final decision on approval.



TPA review with Accept/Reject Recommendation to DHCS







Friday, May 3 | 11am - 12pm
On Zoom
TA Marketplace 101 and Application Process

Register Here





Available now: ECM and CS Provider List





CalAIM PATH Care Coordination Provider List ECM and Community Supports Providers March 2024

Community Supports Providers: Quick Reference

	Alameda Alliance	Kaiser
Asthma Remediation		
Alameda County Public Health ASTHMA START Breathe California Evolve Emod Roots Community Health Center	x x	X X
Community Transition Services/Facility Transition to Home		
East Bay Innovations Independent Living Systems Omatochi	X X	х
Serene Health Star Nursing		X X
Day Habilitation Programs		
Serene Health		Х
Environmental Accessibility Adaptations (Home Modifications)		
Assured Independence Connect America West Lifeline Systems Company LifewiseCHM East Bay Innovations	X	X X X

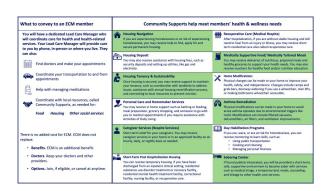
*	EAST BAY INNOVATIONS
About	East Bay Innovations (EBI) is a private non-profit organization providing services to people throughout Alameda County. EBI offers a variety of services supporting more than 500 individuals with disabilities to live as independently as possible in their own homes, to be successfully employed, and to feel a sense of membership in their community.
Location	2450 Washington Avenue, Suite 240 San Leandro, CA 94577
Website	https://www.eastbayinnovations.org/
Main Line	510.618.1580
Provider Type	Enhanced Care Management
Population of Focus	Adults At Risk for Hospital or ED Utilization Adults/Families experiencing Homelessness Adults At Risk for LTC Institutionalization Adult SNF Residents Transitioning to the Community





Don't forget about our resource center!





ECM/CS Provider Job Aid

2024 version available in English and Spanish Accompanying PoF 1-pager in progress





Alameda PATH Resource Center

updates & adding more resources





DHCS ECM and Community Supports Data



 ECM and Community Supports Quarterly Implementation Report updated by DHCS, with data through Quarter 3 (July-September), 2023

160.3K

unique members received ECM **since ECM launched** to the end of the reporting period. 123.1K

unique members received ECM in the last 12 months of the reporting period.

85.73K

unique members received ECM in the **most recent quarter** of the reporting period. 102.9K

unique members received Community Supports since Community Supports launched to the end of the reporting period.

95.14K

unique members received Community Supports in the last 12 months of the reporting period.

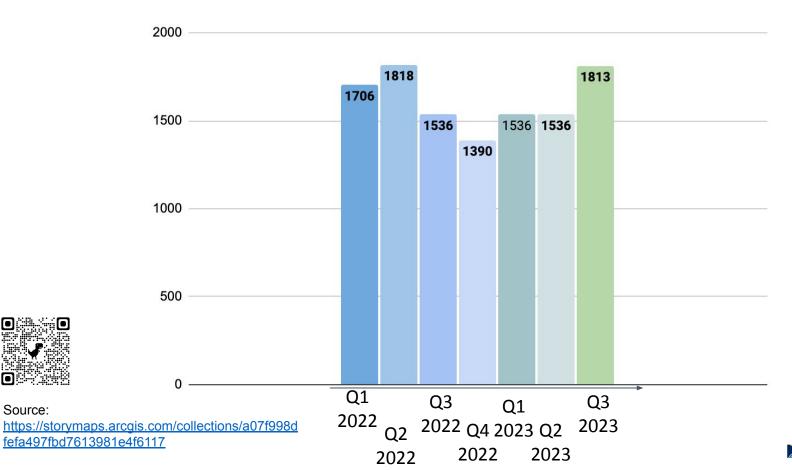
61.74K

unique members received Community Supports in the most recent quarter of the reporting period.



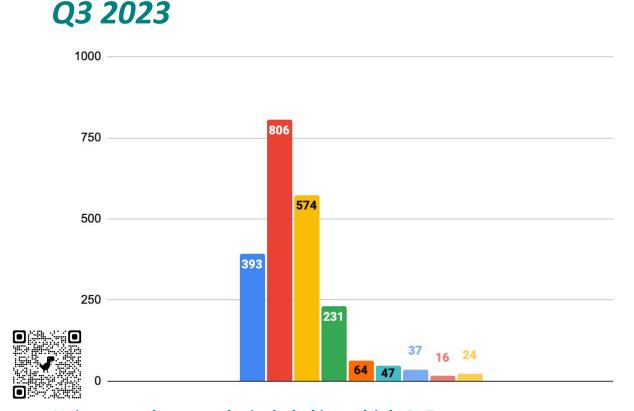
Alameda County, ECM Enrollment by Quarter





Alameda County, ECM Enrollment by PoF







Adults at risk for avoidable hospitalization

Adults with SMI or SUD

Adults at risk for long term care

 Children and youth experiencing homelessness

Children and youth at risk for avoidable hospitalization

Children and youth with SMI or SUD

Children enrolled in CCS

Children involved in child welfare

Total: 1813

There were fewer than 21 enrollees in the following PoFs:

- -Adults transitioning from incarceration
- -Adult nursing facility residents transitioning to the community

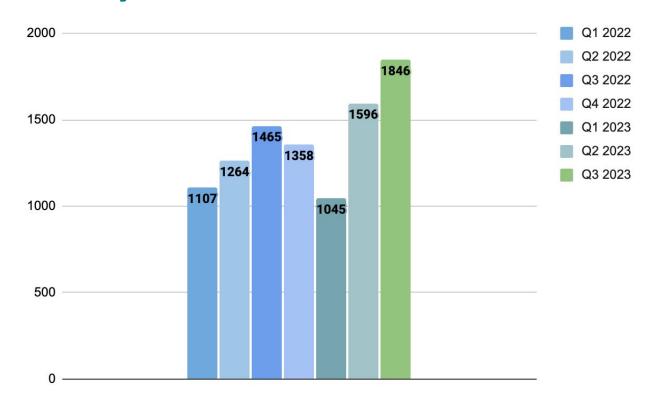
Unique members may be included in multiple PoFs

Source: https://storymaps.arcgis.com/collections/a07f998dfefa497fbd7613981e4f6117



Alameda County, Community Supports Utilization by Quarter







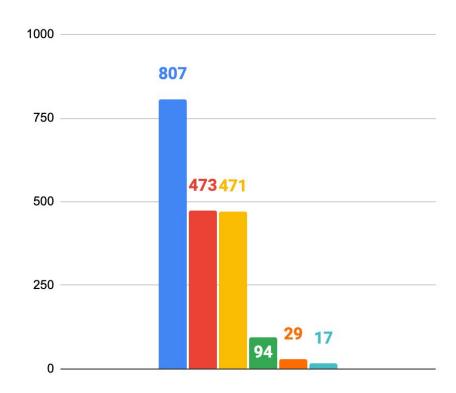
Source:

https://storymaps.a rcgis.com/collection s/a07f998dfefa497f bd7613981e4f6117



Alameda County, Community Support Enrollment by Service, Q3 2023





Housing Tenancy Sustaining Services

Medically Supportive Food

Housing Transition Navigation

Recuperative Care

Asthma Remediation

Housing Deposits

There were fewer than 21 authorizations for the following CS:

- -Community Transition Services
- -Home Modifications
- -Nursing Facility Transition/Diversion
- -Personal Care and Homemaker Services





Source:

https://storymaps.a rcgis.com/collection s/a07f998dfefa497f bd7613981e4f6117



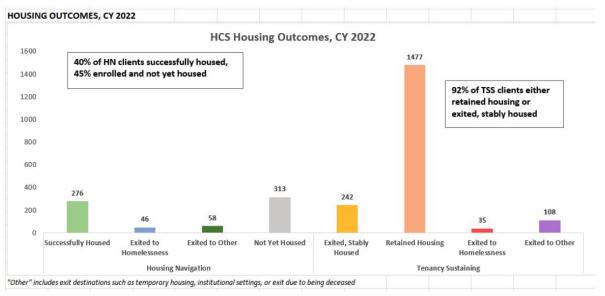
March Follow-Ups



BluePath

Next Steps:

Alameda County Health will share 2023 data for Housing Community
 Supports outcomes when available





DHCS Spotlight on Individuals and Families Experiencing Homelessness



Highlights:

- ECM delivery strategies
- Approaches to outreach and engagement
- Example cases/vignettes

Access the resource <u>here</u>

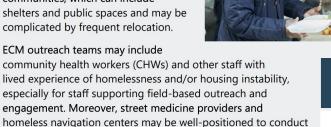


Outreach and Engagement for Individuals Experiencing Homelessness

Outreach is an essential-and complex—part of delivering ECM for the Individuals and Families Experiencing Homelessness POF. In order to successfully engage Members in the benefit, ECM Providers must engage with Members in their communities, which can include shelters and public spaces and may be complicated by frequent relocation.

ECM outreach teams may include

outreach and engage with Members who are experiencing













MCP updates

Kaiser Permanente

Alameda PATH CPI Meeting
April 2024



How to Submit a Referral for ECM or Community Supports

KP has a no-wrong-door approach for referrals

- Referrals are accepted from any source (members, providers, family, community organizations, etc.)
- Use of the KP referral form is recommended; however, KP will accept any referral form created by another Medi-Cal plan. Simply send the completed form to the same KP email address noted below.
- Referrals may be placed via email or via phone.

Sacramento/Central Valley



Amador, El Dorado, Fresno, Kings, Madera, Mariposa, Placer, Sacramento, San Joaquin, Stanislaus, Sutter, Tulare*, Yolo, Yuba



1-833-721-6012 (TTY 711) Monday-Friday (closed major holidays) 9:00 a.m. to 4:45 p.m.



Rest of Northern California

Alameda, Contra Costa, Marin, Napa, San Francisco, San Mateo, Santa Clara, Santa Cruz, Solano, Sonoma,

1-833-952-1916 (TTY 711) Monday-Friday (closed major holidays) 9:00 a.m. to 4:45 p.m.

Send completed <u>referral form</u> to REGMCDURNs-KPNC@kp.org with the subjec line "ECM Referral" or "CS Referral"

Southern California

Kern, Imperial, Los Angeles, Orange, Riverside, San Bernardino, San Diego, Tulare*, Ventura,

1-866-551-9619 (TTY 711) Monday-Friday (closed major holidays) 8:30 a.m. to 5:00 p.m.

Send completed <u>referral form</u> to RegCareCoordCaseMgmt@kp.org with the subject line "ECM Referral" or "CS Referral"



How a community-based organization can serve KP members

KP is working with three Network Lead Entities (NLEs) to develop a network of community-based ECM, CS, and CHW providers.

If your organization wishes to become part of an NLE's network, you may send an email message to:



network@fullcirclehn.org

Phone number: 888-749-8877

Full Circle Health Network meets with prospective providers each week on Thursdays from 12-1pm PST https://us06web.zoom.us/i/86507421534



ILSCAProviderRelations@ilshealth.com

iving System. Phone number: 305-262-1292



Hubinfo@picf.org

* Phone number: 818-837-3775

In your email, please specify the services your organization provides, geography serviced, and population expertise.

*Partners in Care only serves the Southern California region at this time.



Helpful Links and Contacts

KP 2024 Medi-Cal Direct Contract:

KP Designated Medi-Cal Call Center:

KP Medi-Cal Programs (ECM, CS, CHW):

KP Medi-Cal Continuity of Care:

KP Self-Service Community Resource

Directory:

KP Community Health Care Program:

Medi-Cal Redeterminations Toolkit:

Medi-Cal Rx:

Medi-Cal Dental:

KP.org/Medi-Cal2024

1-855-839-7613 Call to speak to a live Medi-Cal

trained agent

For current information, go to our website: **Link**

For current information, go to our website: Link

KP.org/communityresources

1-800-443-6328 Toll-free number to speak with a

resource specialist (M-F, 8a-5p local time)

Available to California residents without access to

other health coverage. For current information, go to

our website: Link

For current information, go to DHCS website: Link

1-800-977-2273

1-800-322-6384



Alameda Alliance Updates





Provider Network

- ECM
 - Network Expansion
 - July 1, 2024 internal network to broaden/cover more PoF
 - January 1, 2024 external network
- Community Supports
 - July 1, 2024
 - Sobering Centers
 - January 1, 2025
 - Short-Term Post-Hospitalization Housing
 - Day Habilitation Programs



Provider Network

- Interested in becoming a contracted Provider?
 - Submit Entity Interest Form to: <u>CalAIMinfo@alamedaalliance.org</u>
- Vetting process
 - Review Entity Interest Forms
 - Internal Committee Meeting to finalize list
 - Initial meeting to discuss program alignment
- Preparation to Go-Live
 - Weekly meetings to discuss:
 - Contracting
 - Credentialling, and
 - Provider certification
- Process takes 4-6 months prior to Go-Live
- Continued weekly meetings post-go-live



Thanks! Questions?

You can contact us at:

For Community Supports: CSDept@AlamedaAlliance.org

For ECM:

ECM@AlamedaAlliance.org

ECM – Populations of Focus:

Adults Living in the Community and At Risk for LTC Institutionalization
Adult Nursing Facility Residents Transitioning to the Community





Adults Living in the Community and At Risk for LTC Institutionalization

Adults (A, B and C are required)

Α.

i. Living in the community who meet SNF Level of Care (LOC) criteria, OR

ii. Require a lower-acuity skilled nursing (such as time-limited and/or intermittent medical and nursing services, support, and/or equipment for prevention, diagnosis, or treatment of acute illness or injury

В.

Are actively experiencing one complex social or environmental factor influencing their health.

Including, but not limited to, needing assistance with ADLs, communication difficulties, access to food, access to stable housing, living alone, the need for conservatorship or guided decision-making, poor or inadequate caregiving which may appear as a lack of safety monitoring



Adults Living in the Community and At Risk for LTC Institutionalization

- Adults (A, B and C are required)
 - **C.** Are able to reside continuously in the community with wraparound supports
 - i.e. some individuals may not be eligible because they have high-acuity needs or conditions that are not suitable for home-based care due to safety or other concerns.



Adult Nursing Facility Residents Transitioning to the Community

- Adults nursing facility residents who (all 3 are required):
 - 1. Are interested in moving out of the institution, AND
 - Are likely candidates to do so successfully, AND
 - 3. Are able to reside continuously in the community



Corresponding Community Supports Services

- Nursing Facility Transition/Diversion to Assisted Living Facilities
- Community Transition Services/Nursing Facility Transition to a Home
- Environmental Accessibility



Thanks! Questions?

You can contact us at:

For Community Supports: CSDept@AlamedaAlliance.org

For ECM:

ECM@AlamedaAlliance.org

Transition & Diversion Providers



▶HCS | PATH

Alameda Alliance





Kaiser Permanente









5 Populations Of Focus

Personal Care & Homemaker Services

Respite Services

Home Modifications

Nursing Facility Transition/Diverstion to ALFs

Community Transfer Services/Nursing Facility Transfer to Home

What Omatochi Has to Offer:

Senior Centric Care

Our seniors are at the center of our care model. Holistic senior well-being and autonomy are the foundation of every decision we make, including our service structure, hiring and training processes, and innovation.

Personalized Support

We match each senior with an In-Home Health Aide based on their interests and lifestyle needs. We vet and interview each Aide to ensure they share our values and are invested in our core pillars of service beyond thorough background checks.

Social Companionship

We create and organize custom social activities calendars to combat social isolation and enliven each senior's social life.

CS Eligibility

Alameda Resident

Alameda Alliance Member

Low Income Individual

Medi-Cal Eligible 7



Aging Adults or Persons with Disabilities

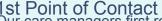
Approved/Pending IHHS Application

If you answered "Yes" to any of these questions, you and your family could benefit from assistance with this service

Use the above questions as a general guide for CS. Note that there are specific eligibility criteria for each population of focus.







1st Point of Contact
Our care managers first reach out to the referred member via phone call to introduce our services to them and also learn more about their needs and care goals. A then schedule an in-person home assessment to check for any safety hazards in the member's home and sign the Omatochi admission paperwork



Create a Customized Care Plan

Based on the home assessment, we tailor a unique care plan for your loved one and assign a caregiver that we think would be a great fit for your loved one's personality and needs.



Perform Home Assessment

Our care manager sees the member in person to evaluate the safety of their home and ensure it is a safe environment for both the member and our caregiver. The care manager also goes over all paperwork in-person before member signs



Matching Our Caregivers with the Member

Once the home assessment and paperwork are completed, we begin to match the member with the caregiver who would best meet their lifestyle and needs

Our Process:



Wellness Fair 2024

Location: Community Center (Exact Location TBD)

Date: June 1st

Get ready to celebrate the unique bond between different generations on Intergenerational Day on June 1!

Description

We aim to provide a monthly social engagement for our seniors to combat loneliness and inform them of the various ways they can maintain their physical, mental, and social well-being

Initiatives:

- Wellbeing Tables- Physical Health ex. Senior boxing exercises and activities promoting mindfulness
- Social-Emotional Session- Candidly Speaking: Conversations Across Cultures
- Craft Tables--Stop by and build a craft with new friends.
- Tech Tables-- Learn how to use your phone and applicable apps.
- Medi-Cal Education Table-- Learn more about YOUR benefits.
- Omatochi Boot-- Learn about Omatochi's offerings.
- Live Band-- Dance or sit with others while enjoying some music.







Complex Discharge Utilizing ECM & CS Services



Situation:

- 55 year old male, re-admitted to a SNF in November.
- Client discharged from previous SNF in October after 6 year stay.
- 120 IHSS hours and 88 24 home care hours per month (Approx 7 hours per day)
- Caregiver setup was not sufficient to manage needs across the 24/7 period.
- Current caregivers (3) not all willing to transfer or do personal care
- This resulted in infection and sepsis leading to ER, Inpatient and then SNF admission.
- Some caregivers quit, messy situation with payment and accusations about behavior (both from caregivers and client).
- Client enrolled in ECM and CS-Diversion programs.



Background:

- Dx Paraplegia, stage 4 wounds, bi-polar disorder, pain
- Dependent on transfers, personal care, bowel care, foley catheter care
- Recently discharged from SNF after long admission
- Several ER, Inpatient and SNF admissions in 1 month period since initial SNF discharge.
- Recent history of going AMA when hospitalized
- Newly connected to PCP in Dublin area
- No case management input prior to discharge, EBI involved once client was at home.
- Bariatric hospital bed and LAL mattress needed
- Housing and income stable
- Client knows the inpatient healthcare system. Understands his health but has chosen not to engage with treatment plan at times.



Assessment:

- High level of need and low level of engagement (example: refused PT, not willing to do leg work, meet/interview caregivers)
- Client personality, although challenging, good humoured, able to be realistic about situation and honest about what he could and would do.
- To remain safe at home client would robust care provider support. Client fully involved and aware of risks.
- Current number of care hours not sufficient (7 hours per day)
- Client unclear whether he would work with caregivers or wanted to be back home at all
- Boundaries and expectations for client in regards to maintaining caregivers coaching required.
- Challenge of finding caregivers with skill set to manage needs and also in the area client new home is in.
- Caregivers will need to start on discharge. This will take considerable coordination.
- IHSS could not increase hours until after discharge CM could only offer small hours to providers initially.
- 24 hour home care already in place and client had accrued a bulk of hours that had not been used during the authorization period.
- Pain management and institutionalization factors in the client wanting to be home and being successful

Actions:

- Assess what the caregiver set up needed to cover needs develop ideal caregiver schedule and assess what the minimum would need to be for safe discharge and continued success.
- Interviewing caregivers process, get the list from public authority etc.
- Establishing rapport with caregivers, building trust, keeping everyone on the same page.
- Negotiating how the hours were used to meet client needs and aid caregiver retention.
- Set IHSS assessment at home contact IHSS SW. Lots of advocacy.
- 24 home care had hours were banked. Discussed future increase.
- DME new bariatric hospital bed and LAL mattress ordered RN advocacy
- Overnight urine canisters to mitigate risk of catheter becoming backed up if a caregiver does not show. This had caused hospitalization. Not covered through insurance.
- Home mods: Bids sought for either ceiling hoyer or fixed hoyer to make set up more appealing/safer to potential caregivers and improve chances of retention.
- Refer client Personal Emergency response system
- Referral for medically-tailored meals.



Outcome:

- Client discharged home.
- Care provider hours increased by both IHSS and 24 home care
- New caregivers interviewed and onboarded
- CM liaised with providers to coordinate and initiate caregiver support.
- Client home with safe care provider support that meets needs.
- Client with DME to manage previous situations that caused hospitalization
- Client aware of needs and limitations of his caregiver support.
- MTM inplace which also eases caregiver burden
- Client is willing to accept PERS following discharge and originally declining.
- Potential for home modifications fixed hoyer to ease carer burden and mitigate risk transferring.

Learnings:

- Building rapport with client
- Coaching client to manage needs particularly with caregivers
- Problem solving!
- Asking lots of questions to understand resources available and safe discharging
- Reaching out to previous providers to get background and updates
- IHSS caregivers complex dynamics
- Challenges of the system eg. IHSS hours not increased until post DC
- Using available CS services to mitigate risk, provide caregiver support and improve caregiver retention.



Questions?

Training Development Unit

PATH Collaborative Meeting April 19th, 2024

https://careconnect.ucsf.edu/A CTDU/index.html



New Hire Academy!!

The New Hire Academy is a two-day in-person onboarding program designed to provide an extensive introduction to the California Advancing and Innovating Medi-Cal (CalAIM) environment and Alameda County Training Development Unit (ACTDU) training offerings.

https://careconnect.ucsf.edu/ACTDU/index.html



Overview

In this comprehensive <u>two day, in-person</u> <u>program</u>, we will build, develop, and support provider capacity within the CalAim Initiative to serve constituents and provide an overview of care coordination and sector knowledge.

Who should attend?

Newly hired (within 1 year) Enhanced Care Management and Community Supports providers looking to improve their skill set and gain understanding of foundational topics in Health Equity.

Sessions Topics

- Social Determinants of Health
- Cultural Humility
- Provider Panel
- · Public Benefits, Housing and more!

Describe the Alameda County
CalAIM Initiative as implemented by
Alameda Alliance

Summarize sector specific systems, workflows and service access points

Learn specific skills to engage members with complex needs seeking services

Identify best practices to inform interactions with members

Come and Join Us!





Tuesday, 04/30/24 & Wednesday, 05/01/24 8:30 PM - 4:30 PM

Register at:

bit.ly/ACTDU-Portal



Navigating Services for Individuals with IDD in Alameda County

InSight sessions are designed to offer CalAIM providers an opportunity to have deeper conversations on select topics.

<u>Date:</u> April 24th, 11 am - 1 pm

Location: Virtual/Zoom



https://careconnect.ucsf.edu/ACTDU/index.html



Thank You!



ACTDU@ucsf.edu TJ.Lane@ucsf.edu Enrique.Ramirez@ucsf.e du



traininghealthequity.org





Next meeting:
May 17th, 10am - 12pm
On Zoom, Register here:

Thank you for attending!

Please stick around for lunch and Office Hours!



Providing Access & Transforming Health



Appendix

2024 Collaborative Aims and Objectives



Alameda Collaborative Aim

By Dec 2024,
increase eligible
members
authorized for ECM
by 15% &
Community
Supports by 15%

Objectives

Build resources and relationships to drive community referrals

Strengthen ECM and Community Supports provider capacity

3 Facilitate relationship building between providers, plans, and referral partners

Activities

(additional activities in development)

CalAIM 101 trainings

Care Coordination Provider
List

PoF-specific post-meeting action items

ECM & CS Member Engagement Job Aid

In-Person Meetings

Alameda Collaborative
Resource Hub

New Resource:

Alameda County

MCP 2024





Alameda County Medi-Cal Managed Care Plan 2024 Transition FAQ

Prepared by the Alameda CalAIM PATH Collaborative in December 20231

This tool is intended for use by providers, not members or the general public. Public-facing resources are available from DHCS, Kaiser Permanente, Anthem Blue Cross, and Alameda Alliance for Health.

Overview

Q: What is the 2024 Medi-Cal Managed Care Plan, and how does it impact Alameda County?

A: In 2024, some counties will experience changes in their designated Medi-Cal Managed Care Plans (MCPs). As of January 1, 2024, Anthem Blue Cross will no longer operate as a MCP in Alameda County, and Kaiser Permanente will become an MCP. The Alameda Alliance for Health will remain an MCP for Medi-Cal members in Alameda County.

Q: What will happen to members who are currently enrolled in Anthem Blue Cross?

A: As of January 1, 2024, Anthem Medi-Cal members will automatically transition to another MCP. The majority of transitioning members will be enrolled in the Alameda Alliance for Health.

Q: Do members know whether or not they will be experiencing a change in their health plan?

A: Communications have been sent to affected members beginning in October. See Appendix for the member notification letter sent to Anthem members.

Kaiser Permanente in Alameda County

Q: How will 2024 be different from 2023 with regards to Kaiser Permanente?

A: In 2023, Kaiser Permanente was operating as a plan partner in Alameda County, meaning



Transition FAQ



Upcoming trainings



Alameda County Training and Development Unit (ACTDU) regularly offers valuable virtual trainings for local providers:

- Navigating Services for Individuals with Intellectual and Developmental Disability in Alameda County (Apr. 24, 11am-1pm, In-Person)
- New Hire Academy (Apr. 30 May 1, In-Person)
- Conflict Management and De-Escalation (May 9, 10am-12pm, Virtual)

To check out these offerings and more, register here:

https://bit.ly/ACTDU-Portal



