

Alameda CalAIM PATH Collaborative

April 25, 2025

*Thank you for being here! We will get started
at 10:05am.*



2025 Collaborative Aim and Drivers

By December 2025, the Collaborative will build provider capacity to deliver high-quality CalAIM services to eligible members, as evidenced by an increased proportion of enrollees with high-quality care plans in place and an increase in care coordination among CalAIM providers.

1 Ensure delivery of high quality CalAIM services through education and training on CalAIM policies and program design

2 Enhance available resources and supports to help providers deliver CalAIM services to underutilizing Populations of Focus, including children and youth

3 Strengthen relationships between providers, plans, & referral partners to enable efficient, high-quality referrals and strong care coordination

Today's Agenda

Time	Agenda Item
10:05-10:10am	Welcome
10:10-10:15am	Resources and Upcoming Events
10:15-10:20am	CalAIM Implementation Data Update
10:20-10:40am	MCP Updates: KP & AAH
10:40-11:00am	AC Behavioral Health Department Overview
11:00-11:15am	Overdose Rescue Training from NCAPDA
11:15am-12:00pm	Lunch and Office Hours: <i>Measurement Round Tables</i>

Housekeeping

Resources & Upcoming Events

Senior Wellness Events

Omatochi's Aging Well Expo:

Empowering Seniors
and Caregivers

Saturday
3 MAY 2025

1:30pm-3:30pm
Incredible Church
238 E 15th St, Oakland, CA 94606

Free for All



"You're Invited! A Free Wellness Fair for Seniors
– Fun, Fitness & Community!"

Join us at the free Wellness Fair to:

- Explore your Medi-Cal benefits
- Enjoy fitness demonstrations
- Participate in engaging workshops
- Socialize with fellow seniors
- Discover valuable community resources
- Pre-register now for free lunch and transportation options!

Register Here!



bit.ly/AgingWellExpo2025

Register for Upcoming Trainings

Crisis De-Escalation and Management

On Zoom

May 13 | 1-3pm

Public Benefits

On Zoom

May 15 | 10am-12pm

Social Determinants of Health

In Person

June 17 | 9am-4pm

Register here:



Email TDU@ucsf.edu
with any questions.



Empowering Community Connections through CalAIM: A Community Summit

Join us for a FREE interactive in-person event to build, develop, and support CalAIM providers' capacity to serve members. In multiple sessions, we'll discuss the possibilities and challenges of the CalAIM landscape with a focus on networking. We encourage individuals and teams to sign up for this professional development opportunity!

Register Now!



Breakfast & Lunch Provided



Engaging Topics including: Cultural Humility, Social Determinants of Health, and More!



Skills-Building Activities



Network with Community Referral Partners



TDU@ucsf.edu



bit.ly/TDUPortal



2000 Franklin St., Oakland, CA 94612

**THURS
29 MAY
8:30 AM
TO 4:30 PM**

Healthy Brain Initiative Training: Dementia Basics for Care Providers

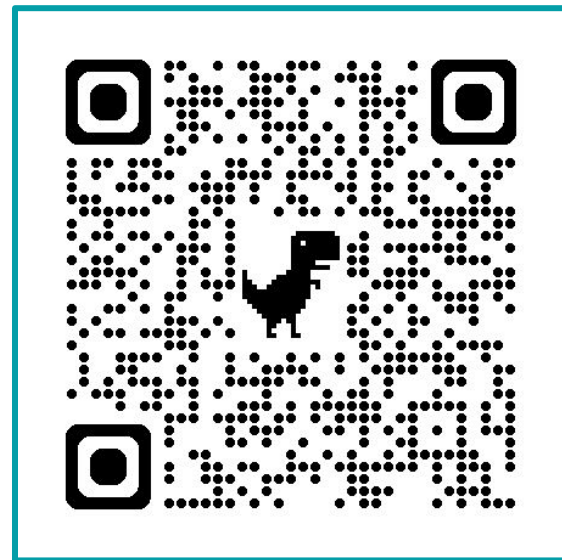
May 14, 2025 | 1:00 - 2:00pm

Join us on Zoom!

Trainer: UCSF Division of Geriatrics

Training will cover:

- Alzheimer's Disease and Related Dementias basics
- Signs and symptoms of ADRD
- Approaches to connecting clients with signs of ADRD to appropriate care



Children and Youth Workgroup

May 20, 2025 | 11:00am - 12:00pm

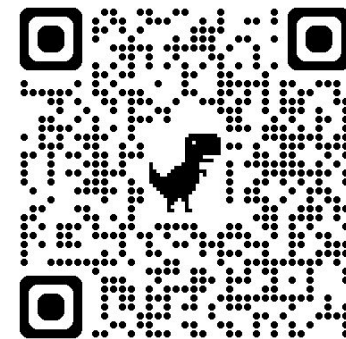
Join us on Zoom!

Spotlight: Full Circle Health Network

Workgroup Objectives:

- Enable outreach, referrals, and enrollment for children into ECM and Community Supports
- Spotlight best practices
- Develop resources to improve provision of CalAIM services

Register now:

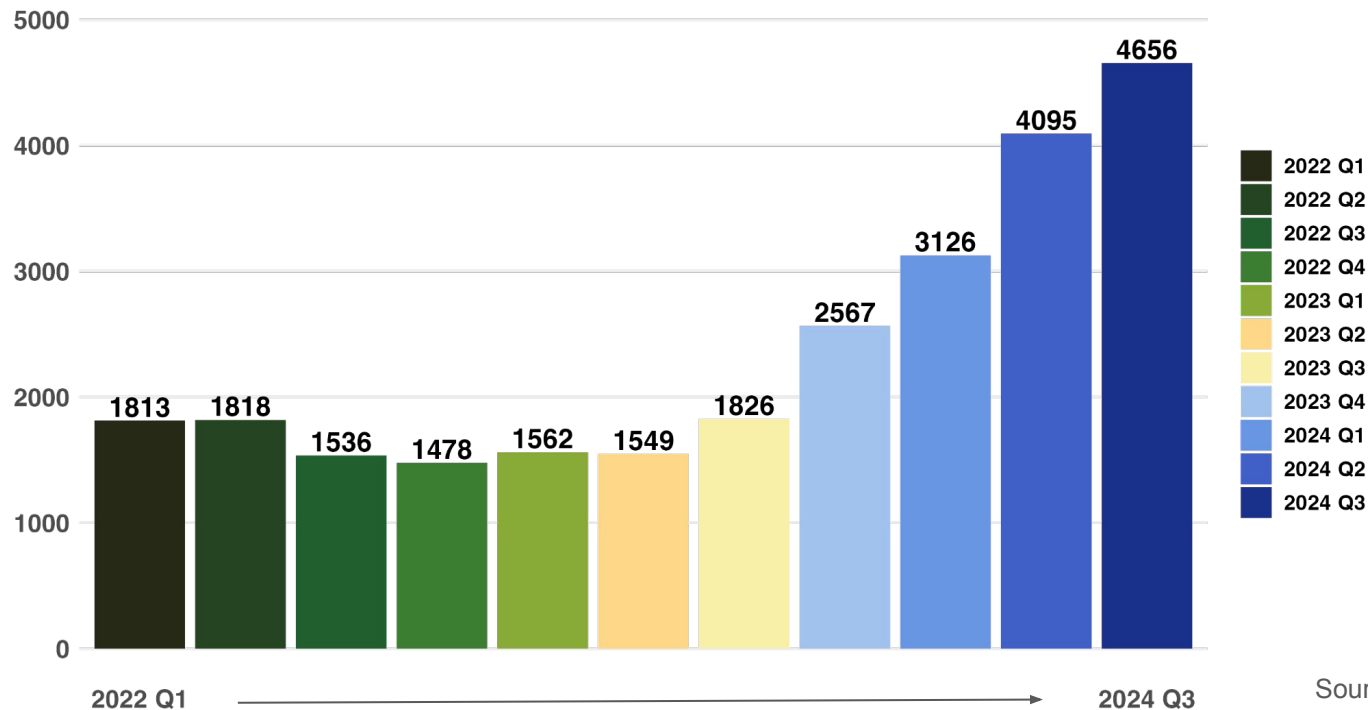




DHCS CalAIM Implementation Data

Tracking our progress: ECM

Alameda County, ECM Enrollment by Quarter



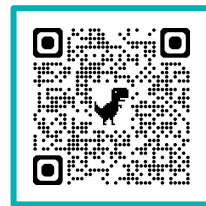
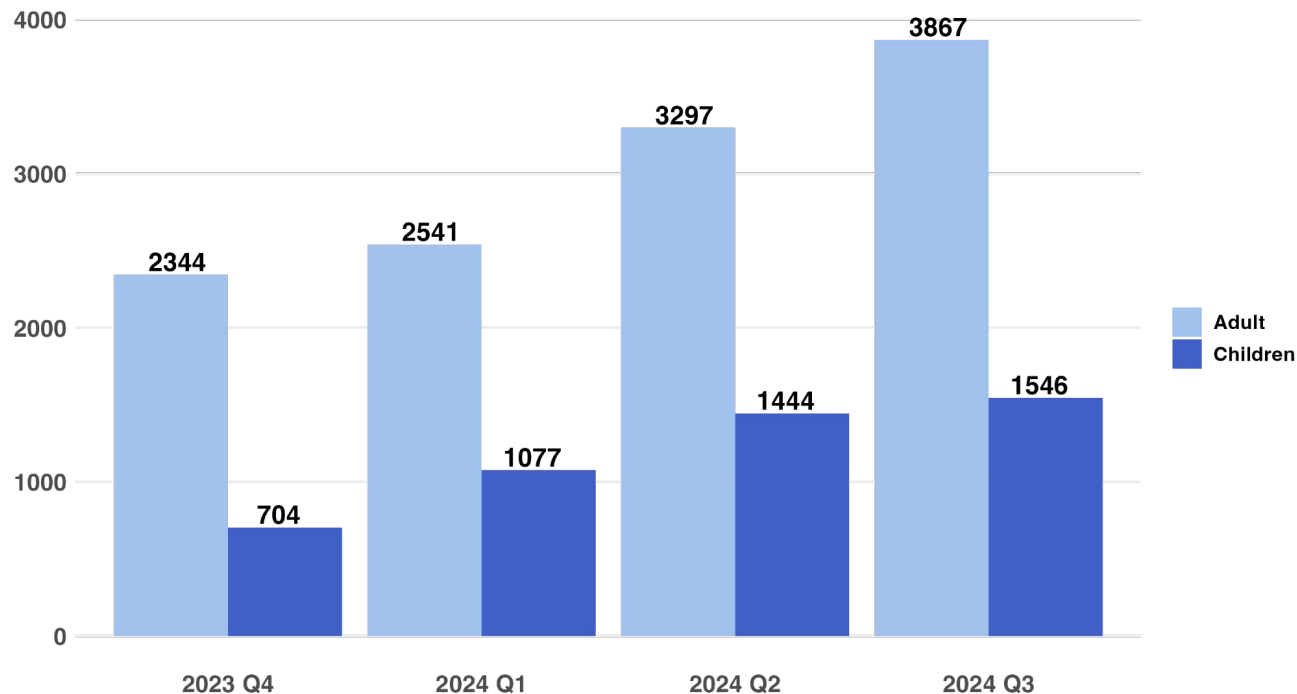
**14%
increase
from June
to
September
2024!**

Source:

<https://storymaps.arcgis.com/collections/a07f998dfefa497fbd7613981e4f6117>

Tracking our progress: ECM

Alameda County, ECM Enrollment by Adult and Children



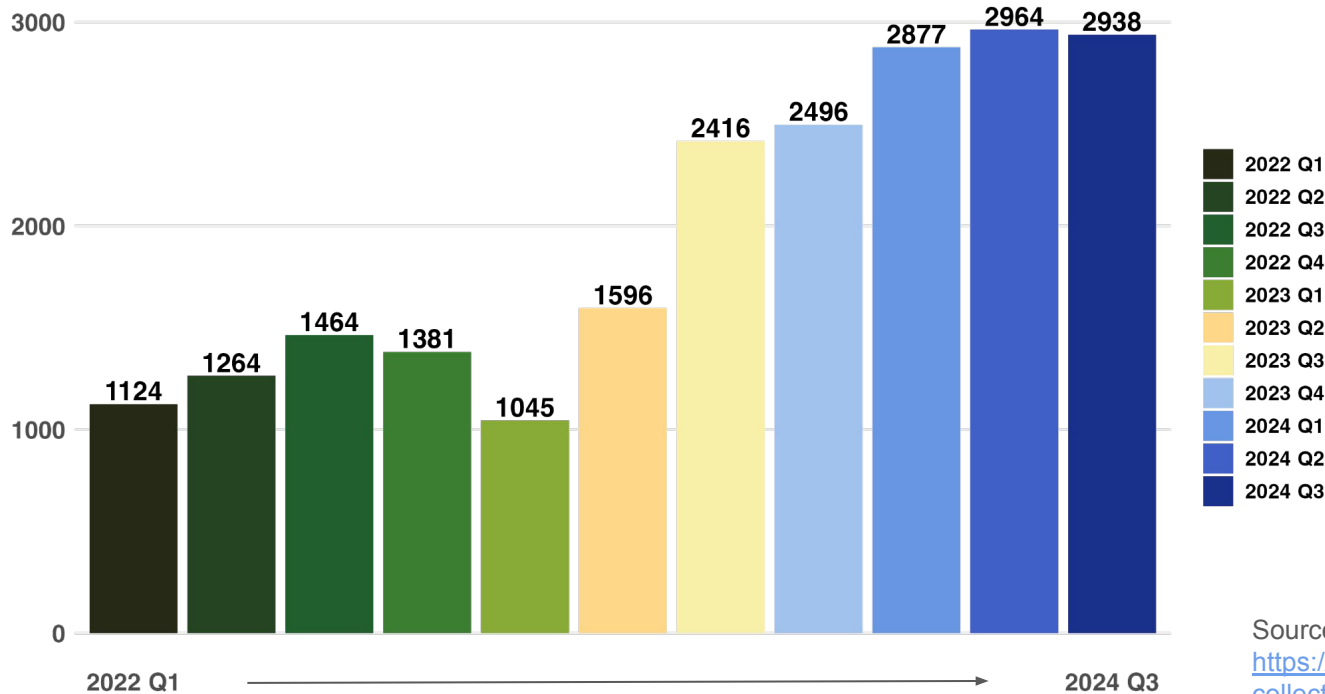
**65% increase in
the adult
populations
&
120% increase in
the children
populations
from December
2023 to
September 2024!**

Source:

<https://storymaps.arcgis.com/collections/a07f998dfefa497fbd7613981e4f6117>

Tracking our progress: Community Supports

Alameda County, Community Support Utilization
by Quarter



Source:
<https://storymaps.arcgis.com/collections/a07f998dfefa497fb0d7613981e4f6117>

Tracking our progress: Community Supports

Alameda County, Top 5 Community
Supports (2023 Q4 - 2024 Q3)



**Top
Community
Support:
Housing
Tenancy &
Sustaining
Services**

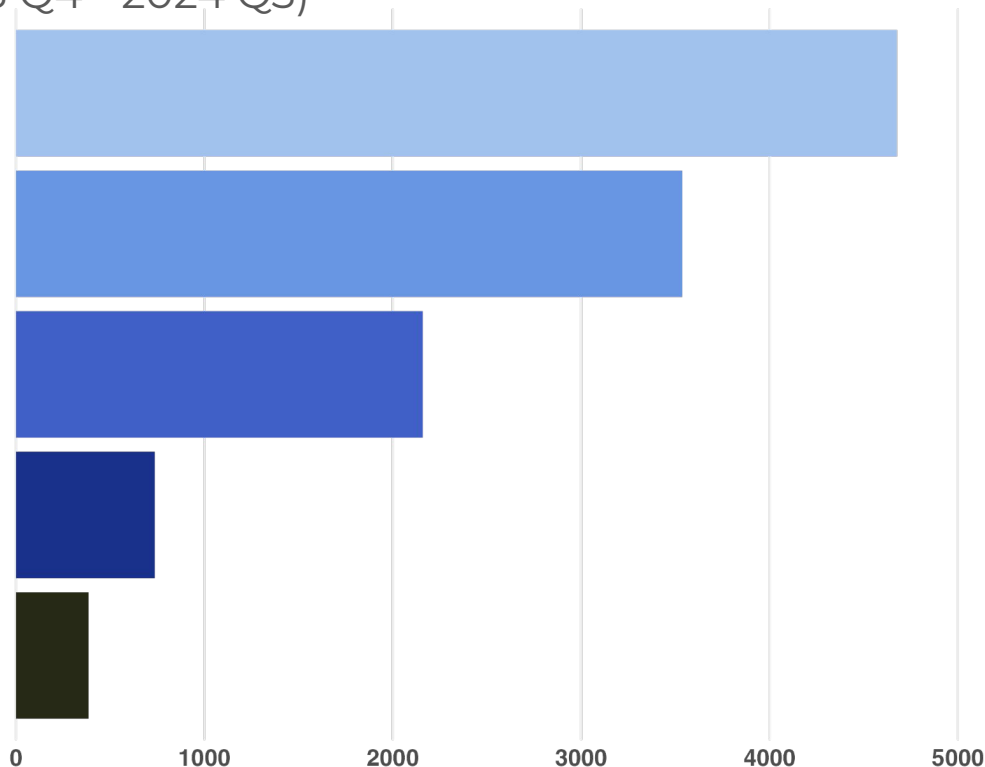
Housing Tenancy &
Sustaining Services

Housing Transition
Navigation Services

Medically Tailored
Meals

Personal Care &
Homemaker Services

Recuperative Care
(Medical Respite)



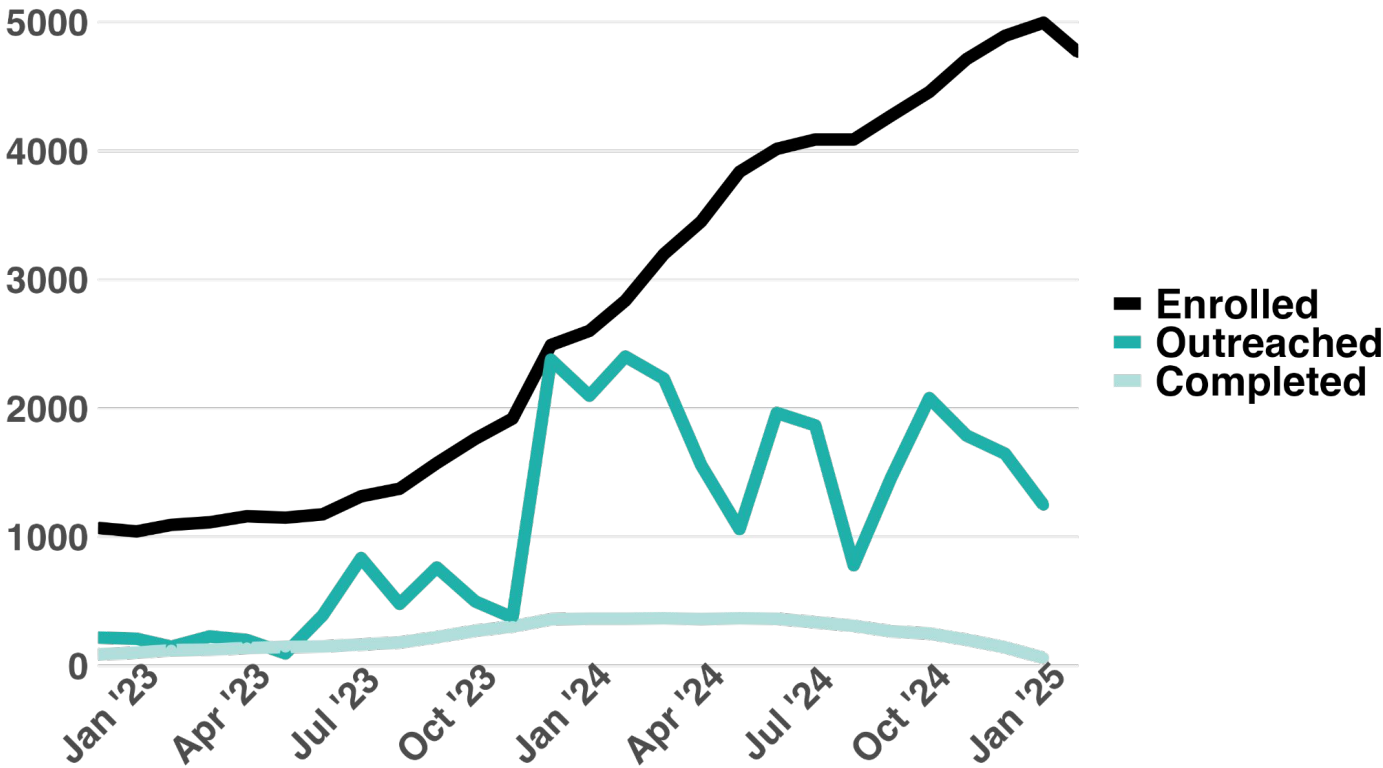
Source:

<https://storymaps.arcgis.com/collections/a07f998dfefa497fbd7613981e4f6117>

MCP Updates

ECM Enrollment by Month

Alameda Alliance for Health



ECM Enrollment by Adult POFs by Month

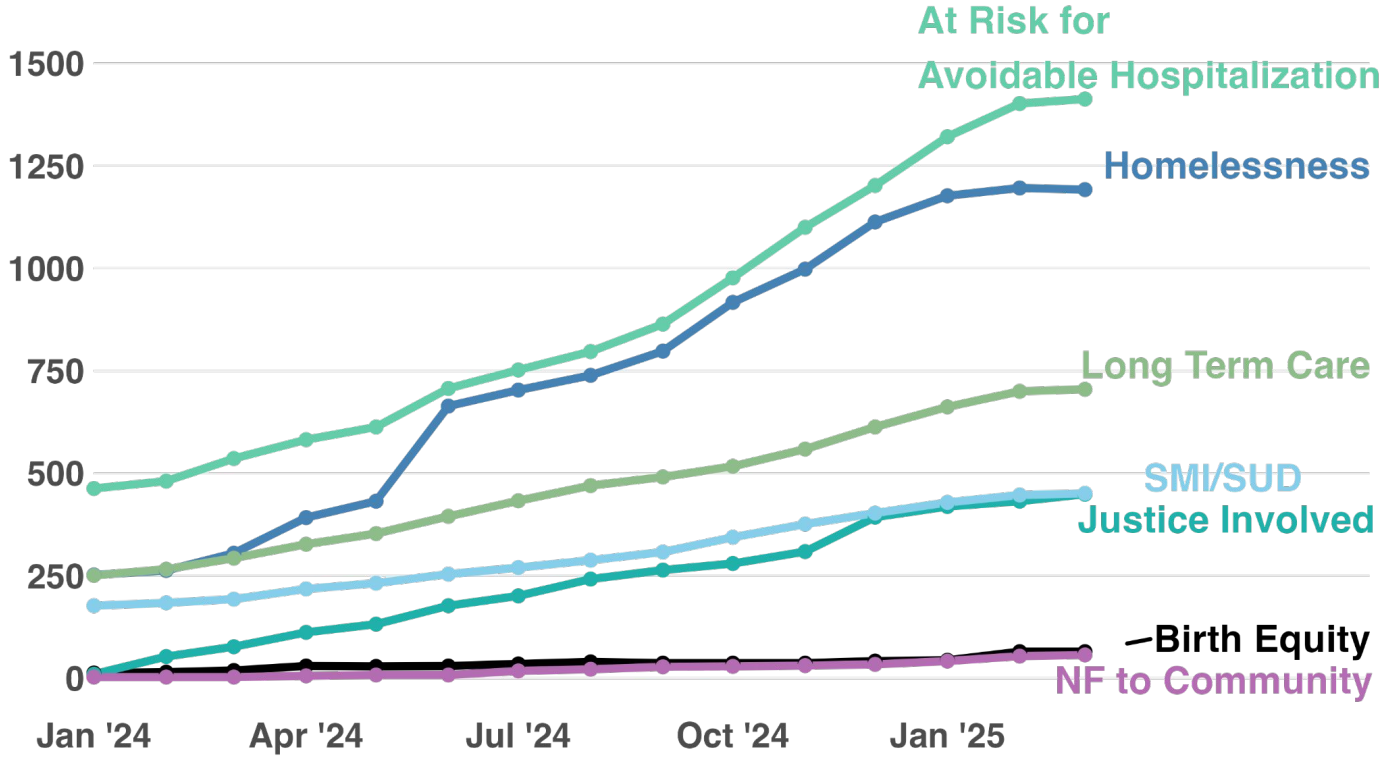
Alameda Alliance for Health

- Top 3 Adult POFs:
1.

At Risk for
Avoidable
Hospitalization
2.

Homelessness
3.

Long Term
Care

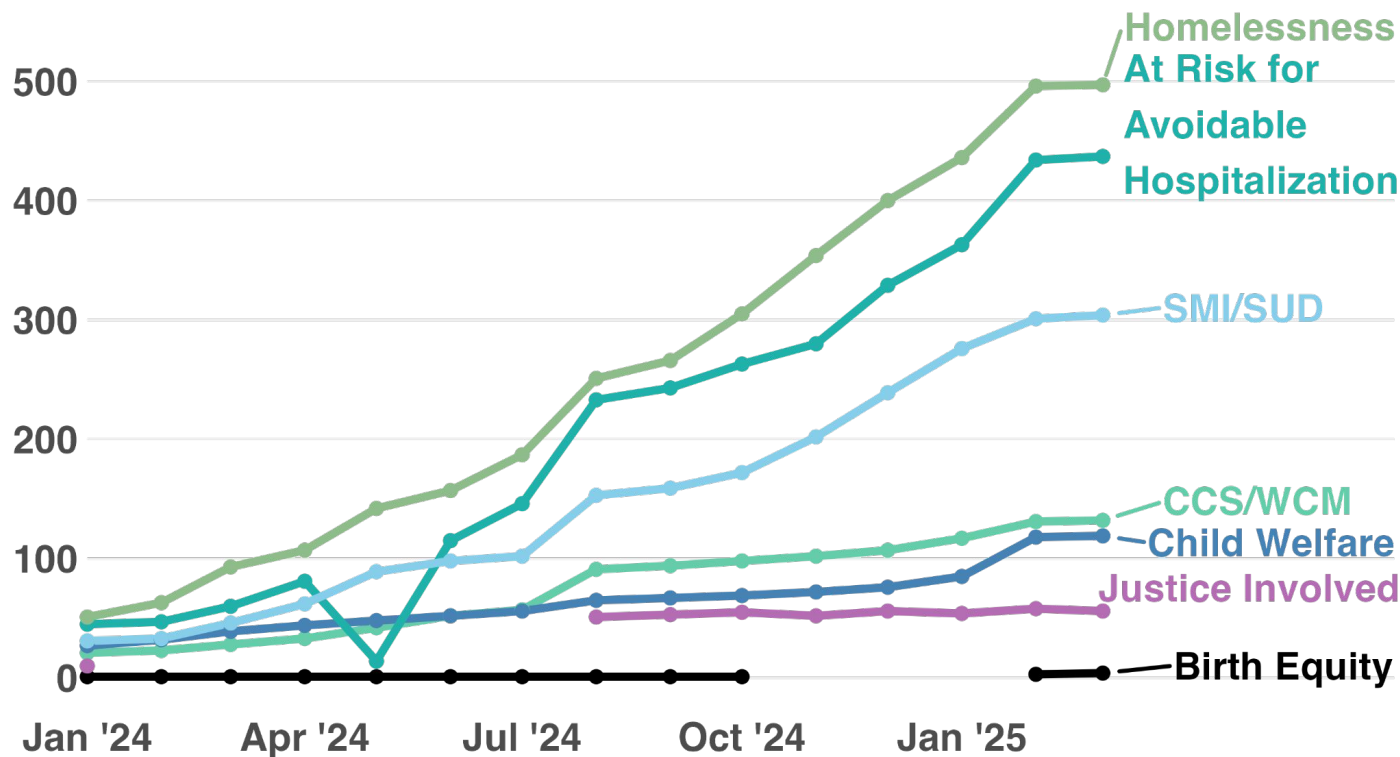


ECM Enrollment by Children & Youth POFs by Month

Alameda Alliance for Health

Top 3 POFs:

1. Homelessness
2. At Risk for Avoidable Hospitalization
3. SMI/SUD





Alameda County PATH CPI Monthly Update

Vanessa W. Davis, MPH
Medi-Cal Local Engagement

April 2025

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Alameda County Q4 2024 ECM and CS Enrollment Data*

ECM Enrollment** by Populations of Focus (Total Members: 414)							
Adult – Individuals Experiencing Homelessness	Adult – Families Experiencing Homelessness	Adult – Avoidable Hospital or ED Utilization	Adult – SMI or SUD	Adult – Transitioning from Incarceration	Adult – at Risk for LTC Institutionalization	Adult – NF Transitioning to Community	Adult – Birth Equity
88	0	53	127	0	52	7	93
Child – Individuals Experiencing Homelessness	Child – Families Experiencing Homelessness	Child – Avoidable Hospital or ED Utilization	Child – SMI or SUD	Child – CCS/CCS WCM with Additional Needs	Child – Child Welfare	Child – Transitioning from Incarceration	Child – Birth Equity
11	0	5	29	3	14	0	1

Community Supports Received (Total Members: 612)						
Housing Transition/ Navigation Services	Housing Deposits	Housing Tenancy and Sustaining Services	Short-Term Post-Hospitalization Housing	Recuperative Care	Respite Services	Day Habilitation Programs
208	28	34	1	7	63	1
NF Transition to ALF	NF Transition to a Home	Personal Care and Homemaker Services	Environmental Accessibility Adaptations	Medically-Supportive Food	Sobering Centers	Asthma Remediation
5	6	91	17	306	0	7

County KP Medi-Cal Members	County Medi-Cal Population	KP % of Total Medi-Cal Population	Last Updated
71,017	478,715	14.83%	December 2024

* Data is sourced from the Quarterly Implementation Monitoring Report (QIMR) that is submitted by Kaiser Permanente to DHCS.

** The numbers reflect unique enrollments per quarter, with individuals re-counted if they remain enrolled in subsequent quarters. Those qualifying for multiple Populations of Focus may be counted more than once due to overlaps.

Enhanced Care Management (ECM) Influencer Pilot Overview



The spark | The pilot campaign was rooted in a simple and powerful idea: people listen to people they trust



The objective | To leverage a network of local trusted messengers to increase awareness and enrollment for Enhanced Care Management (ECM) across two priority populations: Birth Equity statewide and Foster Youth within San Bernardino and Sacramento counties.



The trusted messengers | **Social media influencers** and **community-based organizations (CBOs)** who reach and resonate with priority populations through their own communication channels.

Formative Research



Development & Pilot
Activation



Evaluation



ECM Influencer Pilot At a Glance

Partnering with influencers and community-based organizations offers a feasible, promising approach to share Enhanced Care Management information.

32

Total posts across
influencers and
CBO partners

623k

Potential reach of
messaging to trusted
messenger
audiences

51k

Video views across
17
influencer-generated
social media posts

15

Social media
influencers created and
shared original content
+ amplified CBO
content

6

CBOs actively engaged in
the pilot (digital or
in-person dissemination of
materials)

- **93.9%** of comments from community members on campaign posts were positive, many of which expressed interest in the services.
- **100%** of influencers felt the campaign was valuable and informative, for themselves and their followers.
- CBOs felt campaign materials were **valuable and easy to use**.
- Influencers and CBOs were interested in **future engagement** and provided input for expansion

Overwhelmingly Positive Community Engagement

General appreciation for services

"I love how this program offers comprehensive care, it's exactly what new moms need to feel supported."

Appreciation for Medi-Cal

"Medi-Cal sounds like a great insurance plan."

"Medi-Cal is so helpful!"

General appreciation for post

"That's pretty awesome. Thanks for letting other folks know who have Medi-Cal what they need to do"

Personal Interest in ECM/ CS

"Wait this is sooo cool 🥰 I need to check this out I just found out I am pregnant"

Majority of posts had an engagement rate at or above industry average, indicating audiences were interested in the content.

Birth equity

Influencer: Kim (Spanish language)

Followers: 25.4k

Video views: 6,520

Engagements: 709

Engagement Rate*: 10.87%

[Link to Post](#)



Foster Youth

Influencer: Danitzia

Followers: 14.6k

Video views: 2,553

Engagements: 26

Engagement Rate: 1.02%

[Link to Post](#)



Overwhelmingly Positive Community Engagement

The six-week communications pilot, surfaced the following key themes:



An influencer-based approach is feasible and promising

Social media influencers are willing partners in disseminating information about Medi-Cal benefits and services, as well as in amplifying content from local organizations sharing these resources.



CBO partners benefit from succinct guidance & ready-made content

CBOs were most likely to engage with materials that included clear, concise instructions tailored to the specific needs of their audiences. Strong partnerships emerged with organizations that work directly and regularly with priority populations.



Importance of referral pathway clarity and ease

Due to lack of a centralized referral process across plans, variations in county forms, and differing eligibility criteria across MCPs, the call to action directed individuals to contact their MCP to determine eligibility. This led to some confusion among CBOs, who were eager to guide referrals but lacked a unified webpage or process to share.



Foster Youth niche

While foster families, teachers, and social workers were leveraged as influencers, the CBOs that serve foster youth were critical for ensuring the campaign reached its intended audience. These CBOs, if equipped with the necessary information, could play a valuable role in facilitating referrals for this challenging to reach population.



We're listening



As we work on our recommendations for next steps to scale this ECM Influencer Campaign, we want to hear from you!

Please scan this QR code to access our feedback form or visit <https://forms.office.com/r/FJT3iqivms>.

Submitting Referrals | ECM, CS, and CHW

Kaiser Permanente (KP) has a no-wrong-door approach to referrals.

- Referrals are accepted from any source (members, providers, family, community organizations, etc.)
- Referrals may be placed via email, via phone, or through KP Health Connect.
- **NEW: For KP contracted providers/organizations submitting referrals to your own ECM/CS/CHW organization, please send the referral form directly to your contracted Network Lead Entity.**



Area



Phone
(Member)



Email
(Counties/CBOs)



Email
(NEW: NLE Contracted providers submitting referrals to their own organization)

Northern California Counties

1-833-721-6012 (TTY 711)
Monday-Friday (closed major holidays)
8:30 a.m. to 5:00 p.m.

Send completed referral form to REGMCDURNs-KPNC@kp.org with the subject line “ECM Referral” or “CS Referral” or “CHW services request”

Send completed self referral form to contracted Network Lead Entity

Southern California Counties

1-866-551-9619 (TTY 711)
Monday-Friday (closed major holidays)
8:30 a.m. to 5:00 p.m.

Send completed referral form to RegCareCoordCaseMgmt@kp.org with the subject line “ECM Referral” or “CS Referral” or “CHW services request”

Send completed self referral form to contracted Network Lead Entity

Additional NLE Provider Support | Provider Office Hours

Kaiser Permanente is working with Network Lead Entities (NLEs) to develop a network of community-based ECM, CS, and CHW providers.



Contracted Providers

Second/Fourth Thursdays

1:00 – 2:00 pm

[Join Meeting Now](#)

NEW: Prospective Providers

First Thursdays of the Month 1:00 - 2:00 pm

Begins Feb 6

[Join Meeting Now](#)

Questions?

ILSCAProviderRelations@ilshealth.com

Phone number: 844-269-3447



Contracted Providers

Tuesdays 3:00 - 4:00 pm

[Register and Join Here](#)

Prospective Providers

Second/Fourth Thursdays of the Month

12:00 - 1:00 pm

[Register and Join Here](#)

Questions?

network@fullcirclehn.org

Phone number: 888-749-8877

Overview of Alameda County Behavioral Health

An Overview of Alameda County Behavioral Health Department



**Behavioral Health
Department**

Alameda County Health

Juliene Schrick, LCSW
Alameda CalAIM PATH Collaborative Meeting
April 25, 2025

What will we cover today?

- What is Alameda County Behavioral Health Department (ACBHD)?
- Who do we serve?
- What services do we offer?
- How do individuals get connected to services?
- Time for questions

What is Alameda County Behavioral Health Department?

ACBHD is a part of Alameda County Health



Alameda County Health

Alameda County Health's departments and programs focus on services and supports that provide care for the whole person. Cross-agency programs include: [Housing and Homelessness Services](#), [Emergency Medical Services](#), [HealthPAC](#), and [Healthy Schools and Communities](#).

[Learn More](#)



Behavioral Health Department

Alameda County Health

The Behavioral Health Department provides mental health and substance use services for people with Medi-Cal and without insurance and supports people along their path to wellness, recovery, and resilience.

[Learn More](#)



Environmental Health Department

Alameda County Health

The Environmental Health Department works to keep our air, water, and food safe; it regulates, protects, and promotes the health of everyone in Alameda County by enforcing environmental health codes to reduce exposure to toxins and diseases.

[Learn More](#)



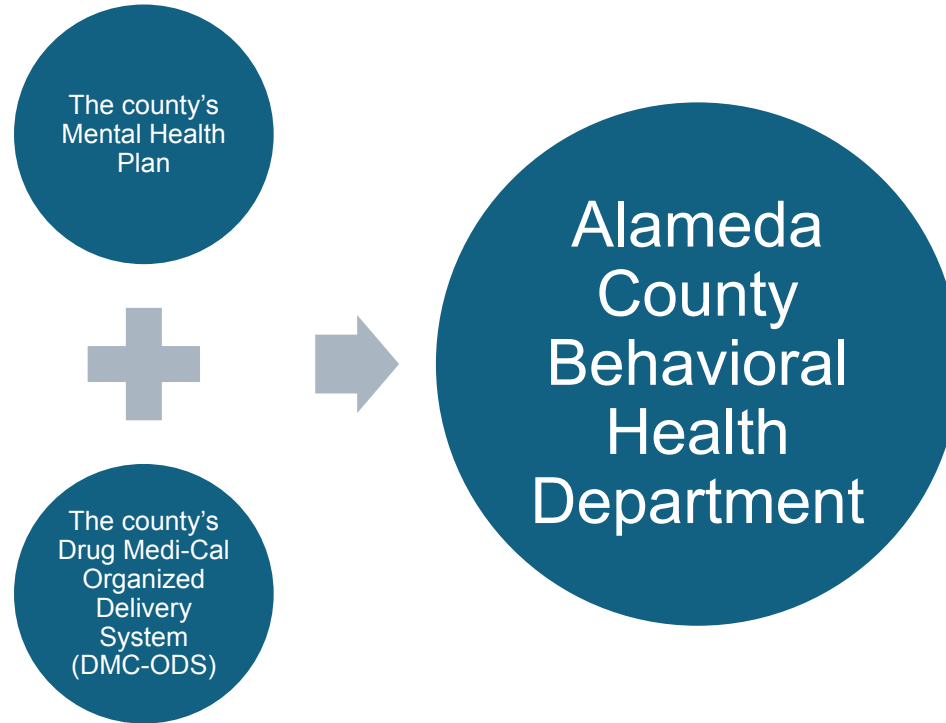
Public Health Department

Alameda County Health

The Public Health Department focuses on community and population-level health, preventing and addressing root causes of health inequity across a range of communicable and chronic diseases.

[Learn More](#)

ACBHD is made up of two separate systems:



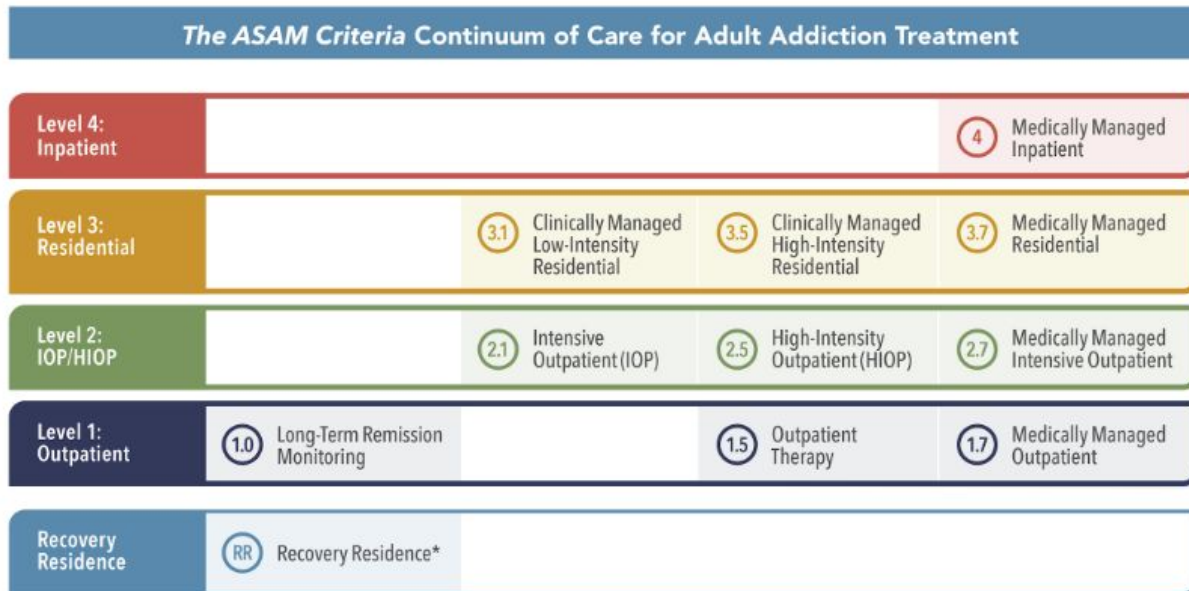
What's a “County Mental Health Plan”?

Under Medi-Cal, there are two primary mental health delivery systems:

1. The **Medi-Cal Managed Care Plans** (Alameda Alliance and Kaiser Medi-Cal) are responsible for providing **non-specialty mental health** services to their members.
2. The **Mental Health Plan** (ACBHD) is responsible for providing **specialty mental health services** to individuals who meet criteria and who have Alameda County Medi-Cal or no insurance.

What's a Drug Medi-Cal Organized Delivery System (DMC-ODS)?

- A continuum of substance use treatment from detox and residential to outpatient and recovery supports. The continuum of care is modeled after the ASAM (American Society of Addiction Medicine) criteria.



Who does ACBHD serve?

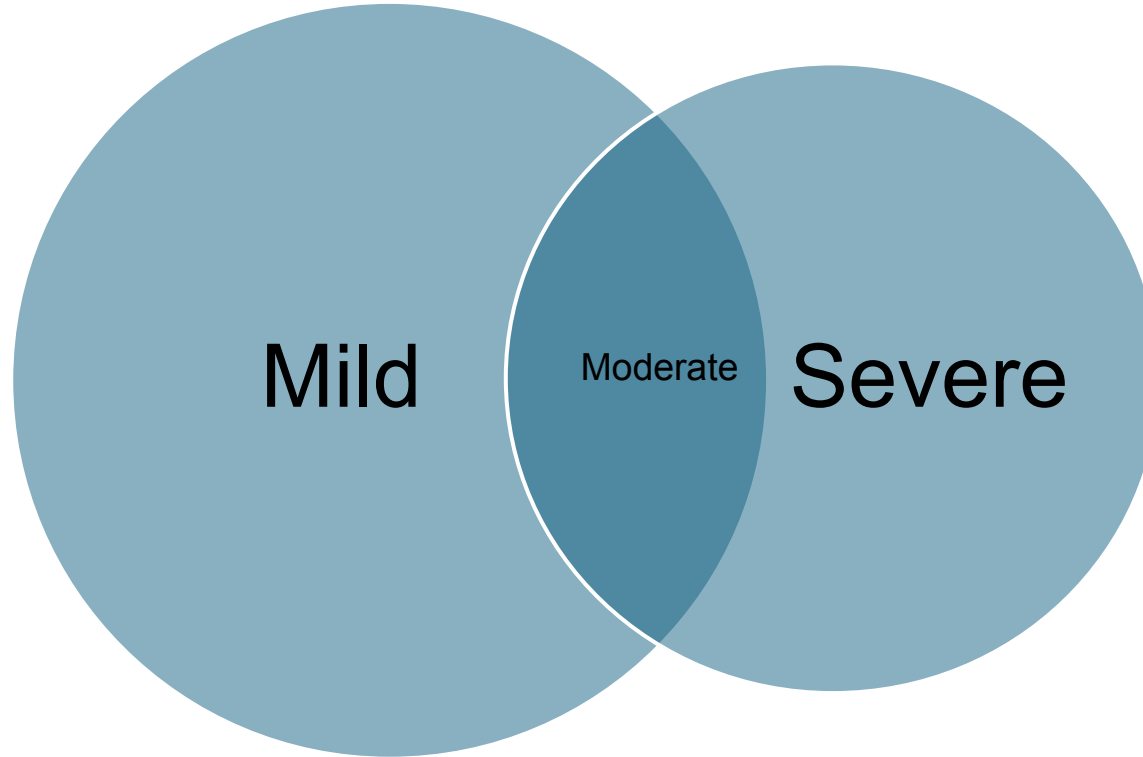
The Mental Health Plan Serves:

[BHIN 21-073](#) defines the specific criteria for Medi-Cal Specialty Mental Health Services. DHCS is in the process of updating our access criteria.

In general, ACBHD's mental health system serves adults with moderate to severe mental health needs and children with serious emotional disturbances as well as children and youth exposed to significant trauma that is likely result in a mental illness.

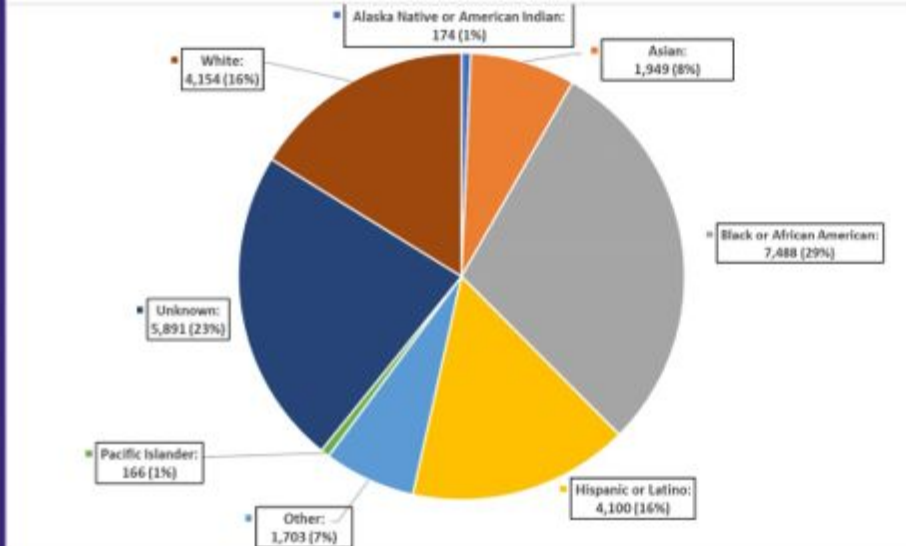
Medi-Cal Mental Health Services

**Medi-Cal
Managed Care
Plans** (like the
Alliance and
Kaiser) provide
mental health
services for
people identified
as having mild
to moderate
mental health
needs.



**Medi-Cal
Mental Health
Plans** (like
ACBHD)
provide mental
health services
for people
identified as
having
moderate to
severe mental
health needs.

FY 2023-2024 Mental Health (MH) Services Demographics. Who did we serve in our MH Programs*?



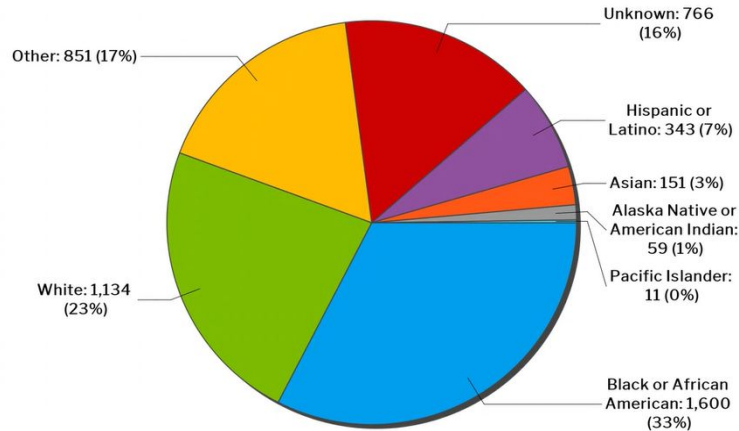
* 25,625 Individuals served in MH community-based settings (Day Treatment, Full-Service Partnerships (FSPs), Outpatient Services, Residential Treatment, and Service Teams).

- Approximately 63% of clients were Adults between the ages of **18 and 59 Years**.
- 28% of clients represented Children and Youth between the ages of **0 and 17 Years**.
- Gender:
 - 44% Female (11,295)
 - 56% Male (14,295)
 - < 1% Unknown/Missing (35)



FY 2023-2024 Substance Use Disorder (SUD) Services Demographics.

Who did we serve in our SUD programs*?



- Approximately 78% of clients were Adults between the ages of **26 and 59 Years**.
- 11% of clients represented Adults over the ages of **60+ Years**.
- Gender:
 - 64% Male (3,163)
 - 35% Female (1,724)
 - < 1% Unknown/Missing (28)

*4,915 Individuals served in Substance Use Disorders (SUD) Programs.

Eady, Rashad ACBH

What services does ACBHD offer?

ACBHD Systems of Care

across the life span, homeless or at risk, in crisis, in locked settings, clinics and medical settings,
Medi-Cal beneficiaries, uninsured

Adult & Older Adult System of Care Ages 18-100+



Serving Adults 18 Years & Older

- County & Community Outpatient Services
- Wellness Centers
- Medication Clinics
- Early Intervention Services
- Conservatorship Programs
- In Home Outreach Teams
- Long-Term Residential Care
- Case Management & Care Coordination Programs

Child & Young Adult System of Care Ages 0-24



Serving Children & Youth from Birth - 24 years

- County & Community Outpatient Services
- School Based Behavioral Health Services
- Early Childhood Services (0-8 Years)
- Services to Transition Age Youth (TAY)
- Residential Treatment
- Foster Youth Services
- Coordination with School Health Centers

Substance Use Continuum of Care



Continuum of Care with Gender and Age-Specific Programs

- Outpatient & Intensive Outpatient Treatment
- Drug & Alcohol Prevention
- Residential Treatment
- Opioid Treatment Programs
- Sober Living & Recovery Support
- Sobering Centers & Withdrawal Management
- Perinatal & Parenting
- Drug Courts
- Medication Assistant Treatment

Forensic, Diversion, & Re-Entry System of Care



Supporting Youth & Adults in Custody and within the Community

- Probation Based Services
- Forensic Behavioral Health
- Conditional Release Programs
- Juvenile Justice Center & Santa Rita Jail Behavioral Health Services
- Justice Involved Conservatorships
- Mental Health Courts & Court Mandated Treatment
- Re-Entry & Diversion Services

Crisis Services System of Care



Mobile Crisis Teams (MCT) | Community Assessment and Transport Teams (CATT) | Crisis Intervention Training (CIT) | Crisis Stabilization Units (CSUs) | Crisis Residential Treatment (CRT) | Mobile Evaluation Teams (MET) | 24-Hour Crisis Lines | Crisis Connect & Post-Crisis Follow-Up Teams | Familiar Faces | Coordination with Law Enforcement, Emergency Departments, Acute Psychiatric Inpatient Units, & Psychiatric Hospital Facilities (PHF)

↓ **Services, Coordination, & Supports offered across the System and Continuum of Care** ↓

Client Access | Employment Services | Housing & Homelessness Services via AC Health | Psychiatry & Nursing Services | Integrated Primary Care Services | Pharmacy Services

**How do individuals get
connected to services?**

How to refer clients for services:

ACBHD ACCESS for Mental Health Services:

- 1-800-491-9099

ACBHD Substance Use Treatment Services:

- 1-844-682-7215

ACBHD Crisis Services Officer of the Day:

- 510-891-5600

Time for Questions

Contact Information:

Juliene Schrick, LCSW

Director of Older Adult Services & Director of ECM
Alameda County Behavioral Health Department
Alameda County Health

Please email or text me:

- Juliene.Schrick@acgov.org
- (510) 239-1205

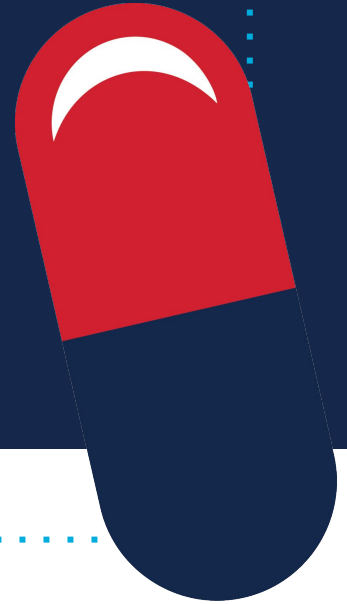
Overdose Rescue Overview

Naloxone Overdose Rescue Training

Let's
Save
Lives!



National Coalition Against Prescription Drug Abuse



Presenter

April Rovero

Founder/Executive Director



National Coalition Against Prescription Drug Abuse

NCAPDA Overview

501(c)3 Non-Profit

Founded 2010

Based in San Ramon

Mission: Prevent prescription drug related substance use disorder and fatal overdose through community education, policy change and harm reduction efforts.

Community Engagement

Prevention & Recovery Coalitions

Public & Mental Health Agencies

Medical Providers

Business Community

Policy Makers

Educators

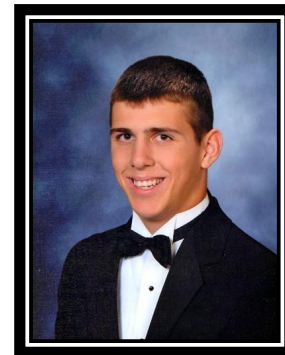
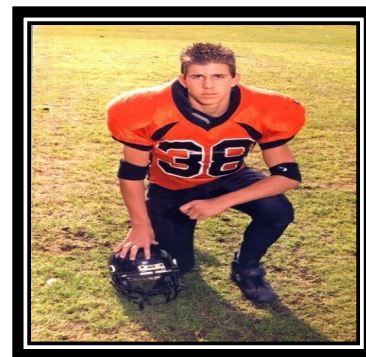
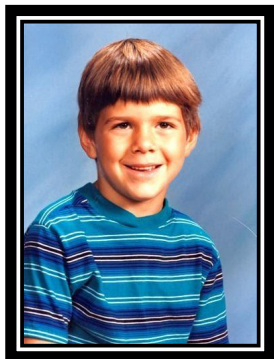
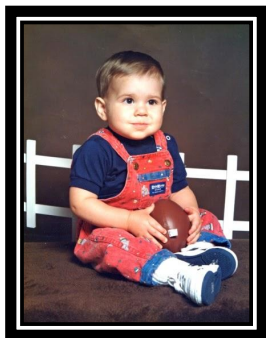
Law Enforcement

Community Members

Faith Communities

Senior Support Agencies

Joseph John Rovero, III



March 9, 1988 – December 18, 2009

National Epidemic



National Overdose Deaths

2023 Overdose Data

105,007

288 Average/Day

(Majority Caused by Opioids)



Data Source: CDC

<https://www.cdc.gov/nchs/products/databriefs/db522.htm>

Local Overdose Impact

Jan 2024 – Mar 2025

California

90,693 Total

6,598 Fatal

27,720 Naloxone

Alameda Co

3,834 Total

286 Fatal

1,577 Naloxone

Oakland

1,995 Total

185 Fatal

937 Naloxone

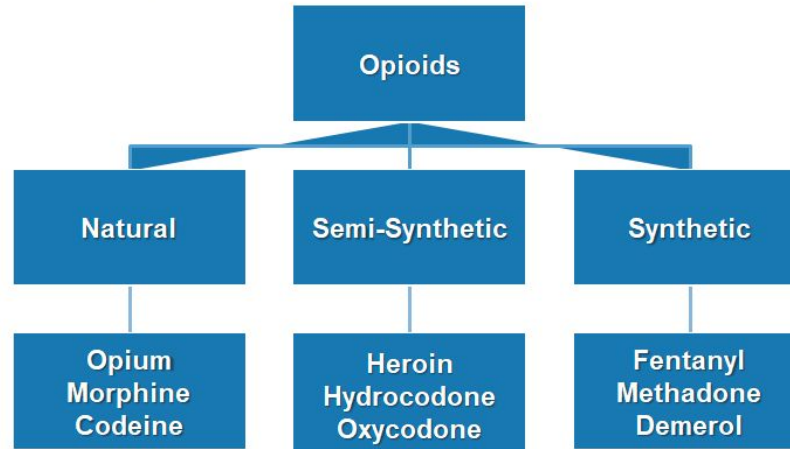
(EMS Reported Suspected Overdose Responses)

What Are Opioids?

Opioids are used for pain relief, treatment of opioid use disorders, general anesthesia, and cough relief.

- **Prescribed Opioids** (e.g., OxyContin, Norco, Vicodin, Oxycodone)
- **Illicit Opioids** (e.g., Heroin, Fentanyl, Carfentanil, Nitazene)

Euphoric effects of opioids & short/extended use for pain relief can lead to tolerance, dependence, opioid use disorder (OUD)



Opioid Overdose

- Occurs when the effect of the opioid in the body is more powerful than the level of tolerance
- Breathing slows to the point it can stop completely
- Can occur in minutes after fentanyl use

Opioid Overdose is a **Medical Emergency**

Naloxone Saves Lives!



Nasal Spray



Brand Version

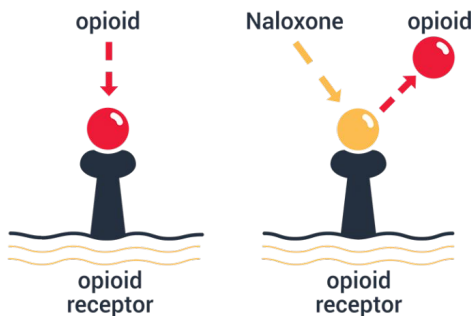


Generic Version

How Naloxone Works

Naloxone is an opioid blocker used to reverse an OPIOID overdose

- Works for opioid related overdoses (prescribed and illicit)
- Can restore normal breathing in 2-3 mins
- It is a short duration medication - works for 30-90 minutes



Naloxone Is Safe...

For Children
and Pets

If Cause of
Condition is
Unknown

If Multiple
Substances
Are Present

If No Opioids
Are Present

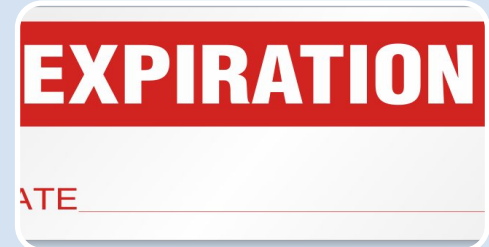
Naloxone Storage and Disposal



**Store at Room
Temperature**
**Keep Within
40°F -104°F**



**Discard in
Medication
Disposal
Kiosk**



**Keep Until
Replaced
When
Expires**

Where to Get Naloxone

- NCAPDA (www.ncapda.org) – **FREE**
- www.naloxoneforall.org (**FREE** mailed to you)
- CalRx® Naloxone Access Initiative (\$24)
- Pharmacy and Amazon – Without Prescription

Who Should Carry Naloxone?

Everyone!

Including Youth

Overdose Rescue Steps

1. **Recognize Overdose Signs**
2. **Assess for Responsiveness**
3. **Administer Naloxone**
4. **Call 9-1-1**
5. **Provide Rescue Breathing/CPR**
6. **Reassess Condition (give additional naloxone if needed)**
7. **Place Person in Recovery Position**
8. **Provide Overdose Recovery Support**

1. Recognize Overdose Signs

Signs/Symptoms	Overdose
Alertness	Semi-conscious or Unconscious
Breathing	Very Shallow Erratic or Absent
Skin, Nails or Lips	Skin is Pale/Cold/Clammy Nails/Lips are Bluish/Purple or Purple/Grey
Muscles	Limp
Heart Rate/Pulse	Low or Absent
Speech	Snoring, Gurgling or Choking Sounds
Pupils	Pinpoint
Stimulation Response	No

2. Assess for Responsiveness and Breathing

Verbal (Noise)

- Call or ask for their name to get a response
- Shout “Wake up!”, “Are you ok?”

Physical (Stimulus)

- Shoulder Shake
- Sternal Rub OR Trapezius Squeeze

2b. Physical Assessment Options

STERNAL RUB

Clench fist, apply pressure with your knuckles to sternum for 5-10 seconds



TRAPEZIUS SQUEEZE

Using your thumb and two fingers, grab the muscle and squeeze



3. Administer Naloxone



- Hold applicator between index and middle fingers
- Insert nozzle into the nostril
- Firmly press plunger
- Note time 1st dose is given so you know when to give 2nd dose, if needed

IMPORTANT: Each Applicator Has 1 Dose – **Don't Practice!**

4. Call 911

An Overdose is a Medical Emergency – CALL 911

- Provide exact address, including Apt. # if applicable
- Describe only what you see, not what you think happened
 - Avoid words like drugs or overdose
- Keep calm and don't touch needles or unknown substances
- Tell EMS what drugs person used if known, and amount of Naloxone given



5. CPR/Rescue Breathing



- Position CPR face shield or other barrier on mouth
- Tilt head back, lift chin, pinch nose closed, open mouth
- Place your mouth over their mouth to make a seal
- Give 1 slow breath over 1 sec
- Give 1 breath every 6 sec for adult, 3 sec for child
- Continue until breathing resumes or EMS arrives

6. Reassess Condition

**No
Response in
2-3 Minutes**



**Give
Additional
Naloxone**

7. Place in Recovery Position



Bent Knee and Arm, Hand Supports Head

- **Hand Under and Supporting Head**
- **Other Arm Extended**
- **Leg Positions Straight and Bent**
- **Nose and Mouth Free to Breathe**

8. Provide Overdose Recovery Support

Provide Comfort and Support

- May be disoriented, confused, upset as they recover. Clear the area around them, speak calmly, explaining what happened and assure them they will be okay



Provide Withdrawal Support if Needed

- Symptoms can include body aches, anxiety, shaking, nausea, vomiting, sweating and other physical reactions
- Explain that symptoms may be uncomfortable, but they are not life-threatening.



Monitor Up to 4 Hours

- Overdose can reoccur if opioids still present in body after naloxone wears off in 30-90 minutes
- Follow same procedures if overdose reoccurs
- If out of naloxone, call 911 and provide Rescue Breathing/CPR until help arrives



9. Report Overdose Reversal



- 2 Naloxone Nasal Spray Cartridges
- CPR Face Shield
- Pair of Non-Latex Gloves
- Naloxone Box with Meds Info & Instructions
- **Contact Info to Report Overdose Reversal**

CA Good Samaritan Law (AB 472)

Provides protection from arrest, charge and prosecution for people who seek emergency medical assistance at the scene of a suspected drug overdose.

Applies to...

- Under the influence and possession of controlled substances for personal use and drug paraphernalia

Does NOT Apply...

- Selling, providing, giving or exchanging of drugs
- Forcible administration against a person's will
- Possession of more drugs than for personal use
- Driving under the influence
- Violations of parole/probation and other laws broken



Save a Life!

Don't Run...Call 911

Contact Info

National Coalition Against Prescription Drug Abuse (NCAPDA)

925-480-7723 or info@ncapda.org

www.ncapda.org



Search for NCAPDA

Wrap Up & Office Hours

Office Hours

Option 1: Measurement Round Table

- Join a group discussion to develop a strategy for measuring the progress and impact of our collaborative in 2025

Option 2: Office Hours Q&A with Facilitators

- Brings your CalAIM questions to discuss

Option 3: Provider Networking

- Eat lunch and network with your fellow CalAIM providers

2025 Collaborative Schedule

Join us on Fridays in 2025!



Register today to
add the meetings
to your calendar!

[Add to Calendar \(.ics\)](#) | [Add to Google Calendar](#) | [Add to Yahoo Calendar](#)

To edit or cancel your registration details, [click here](#).

Please submit any questions to: info@connectingforbetterhealth.com.

WAYS TO JOIN ZOOM

Join from PC, Mac, iPad, or Android

Join Meeting



Meeting Calendar

January 31 (Fifth Friday for In-Person Networking Lunch)

February 28

March 28

April 25 (In-person)

May 23

June 27

July 25 (In-person)

August 22

September 26

October 24 (In-person)

November 21 (Third Friday)

December 12 (Second Friday)

See you on Zoom next month!

May 23, 2025

10:00am - 12:00pm

Join us on Zoom!

Register now:



***Thank you for attending and
please join us for Office Hours!***

Appendix